



The Greater Hartford

Health Care

RESOURCE

GUIDE

Top Lists
in 24 Key
Categories



A Deep Look
Into Patient-
Centered
Care

A special insert to the Hartford Business Journal

Sponsored by

ECHNSM
Eastern Connecticut Health Network

ProHealth
PHYSICIANS

SPOTLIGHT ON: HEALTHCARE



The Eye Center | Hamden and West Haven, CT

PDS Engineering & Construction served as General Contractor for interior renovations at two comprehensive medical and surgical eye care facilities located in southern Connecticut. All construction was completed while the spaces were fully occupied, including the demolition and replacement of existing interior finishes.

Project Features:

- Twenty optometry chairs and test stations
- Ophthalmology rooms
- Office, reception and patient waiting areas

TOTAL PROJECT SIZE: 6,000 SF

PDS has been meeting the needs of the construction industry since 1965. Our dedicated team of design and construction professionals welcomes the challenge of serving its past and future customers on their most demanding projects.

PDS ENGINEERING &
CONSTRUCTION, INC.

pdg
THINK • PLAN • BUILD

107 Old Windsor Road, Bloomfield, CT 06002

(860) 242-8586 | Fax (860) 242-8587

www.pdsec.com

HARTFORD BUSINESS JOURNAL

www.HartfordBusiness.com
(860) 236-9998

EDITORIAL

Greg Bordonaro Editor, ext. 139
gbordonaro@HartfordBusiness.com

Gregory Seay News Editor, ext. 144
gseay@HartfordBusiness.com

Matt Pilon News Editor, ext. 143
mpilon@HartfordBusiness.com

John Stearns Staff Writer, ext. 145
jstearns@HartfordBusiness.com

Patricia Daddona Web Editor, ext. 127
pdaddona@HartfordBusiness.com

Stephanie Meagher Research Director
Heide Martin Research Assistant

BUSINESS

Joe Zwiebel President and Publisher, ext. 132
jzwiebel@HartfordBusiness.com

Donna Collins Associate Publisher, ext. 121
dcollins@HartfordBusiness.com

Amy Orsini Events Manager, ext. 134
aorsini@HartfordBusiness.com

Kaleigh Hickey Events Coordinator, ext. 137
khickey@hartfordbusiness.com

Christian J. Renstrom Advertising Director, ext. 126
crenstrom@HartfordBusiness.com

David Hartley Sr. Accounts Manager, ext. 130
dhartley@HartfordBusiness.com

John Vuillemot Sr. Accounts Manager, ext. 133
jvuillemot@hartfordbusiness.com

Marisa Wright Sr. Accounts Manager, ext. 124
mwright@hartfordbusiness.com

Anabela Maia Account Manager, ext. 131
amaia@HartfordBusiness.com

Raki Zwiebel Credit and Collections Manager

Valerie Clark Accounting Assistant/Office Manager

Kim Vautour HR Director

Gail Lebert Chair, Executive Advisory Board

PRODUCTION**Lynn Mika**

Production Director/Marketing Coordinator, ext. 140
lmika@HartfordBusiness.com

Christopher Wallace Art Director, ext. 147
cwallace@HartfordBusiness.com

New England Business Media, LLC

Peter Stanton CEO
pstanton@nebusinessmedia.com

Joseph Zwiebel President & Group Publisher, ext. 132
jzwiebel@HartfordBusiness.com

Mary Rogers COO/CFO
mrogers@nebusinessmedia.com

Subscriptions:

Annual subscriptions are \$84.95. To subscribe, visit HartfordBusiness.com, email hartfordbusiness@cambeywest.com, or call (845) 267-3008.

Advertising:

For advertising information, please call (860) 236-9998. Please address all correspondence to: Hartford Business Journal, 15 Lewis Street, Suite 200, Hartford CT 06103.

News Department:

If you have a news item: Call us at (860) 236-9998, fax us at (860) 570-2493, or e-mail us at news@HartfordBusiness.com

Hartford Business Journal accepts no responsibility for unsolicited manuscripts or materials and in general does not return them to the sender.

The Greater Hartford Health Care RESOURCE GUIDE

FROM THE PUBLISHER

Welcome to the Hartford Business Journal's innaugural Health Care Gude for 2016!

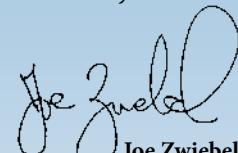
As a business segment, and as a key asset that makes the heart of our region beat, health care is truly preeminent. The industry, and the dynamic ecosystem that has grown up around it is not only a key economic driver, but an aspect of our region that adds to quality of life in the most fundamental sense.

These days, information makes the world go 'round, and if there is one area where we have heard a clamoring for information from our business readers, as well as the community of consumers in Greater Hartford generally, it is around health care. The publication you are holding in your hand or viewing as a digital edition was conceived to address this need, which we have heard expressed to us again and again.

We conceived the Health Care Resource Guide as an augmented extension of our "Book of Lists," with a niche focus on health care. Please let us know what you think, and if there are lists or specific entries that we should consider including for our next annual version.

Whether you are a consumer, or someone responsible for researching and comparing health options in a business context, we hope that you find the Greater Hartford Health Resource Guide a useful and informative tool. If you would like additional copies, please contact Kelly Ansley at kansley@nebusinessmedia.com.

Here's to your health!


Joe Zwiebel

President, Publisher
Hartford Business Journal



Hartford Business Journal (ISSN 1083-5245) is published weekly, 52 x per year — including two special issues in December — by New England Business Media LLC, 15 Lewis Street, Suite 200, Hartford CT 06103. Periodicals postage paid at Hartford, CT.

Tel: (860) 236-9998 • Fax (860) 570-2493

Copyright 2016. All rights reserved.

Postmaster: Please send address changes to:
Hartford Business Journal
P.O. Box 330, Congers, NY 10920-9894

THE ALLIANCE OF AREA BUSINESS PUBLICATIONS

 **COPYRIGHT CLEARANCE CENTER**

**CIRCULATION
VERIFICATION
COUNCIL**

Table of Contents

From the Publisher.....	3	Fitness clubs in Greater Hartford	22	
Sponsor letters	5	Largest Connecticut health insurance companies	24	
Patient-Centered Care	6	Hearing centers in Greater Hartford	26	
Homecare providers in Greater Hartford..... 27				
Largest hospitals in Greater Hartford				28
Medical equipment retailers in Greater Hartford				29
Medical marijuana dispensaries in Connecticut..... 30				
Oral & maxillofacial surgery centers in Greater Hartford..... 30				
Addiction treatment centers in Greater Hartford..... 31				
Behavioral health centers in Greater Hartford				33
Outpatient physical therapy providers in Greater Hartford				35
Physician groups in Greater Hartford				36
Largest skilled-nursing facilities in Greater Hartford				38
Sleep centers in Greater Hartford				39
Urgent care clinics in Greater Hartford				40

LISTS

Adult day care centers in Greater Hartford	10
Largest assisted-living communities in Greater Hartford.....	11
Cancer treatment clinics in Greater Hartford	13
Connecticut colleges and universities with health programs.....	14
Connecticut community colleges with health programs	17
Cosmetic and plastic surgery centers in Greater Hartford.....	18
Dialysis facilities in Greater Hartford.....	19
Eye surgery centers in Greater Hartford.....	20
Fertility clinics in Greater Hartford	21



**Security and
compliance go
hand-in-hand.**

Choose a company
with expertise
in both.

**Integrated
IT Solutions**
SECURITY SOLUTIONS

Start a free consultation at
integratedit.com/security

- HIPAA Compliance
- PCI-DSS Compliance
- MA 201 CMR 17 Compliance
- Security Assessments
- Vulnerability Scanning & Reporting
- Penetration Testing & Reporting
- Security Information & Event Management (SIEM)



Starling
PHYSICIANS
Eye Center

Comprehensive medical care for routine eye exams,
the treatment of eye disease, and ocular surgery

Alan L. Stern, MD
Corneal Surgery
Cataract & Anterior Segment Surgery
Laser Vision Correction

Patricia A. McDonald, MD
Cataract & Anterior Segment Surgery
External Diseases

Martin C. Seremet, MD
Cataract & Anterior Segment Surgery
Glaucoma Therapy & Surgery

Edward P. Fitzpatrick, MD
Disease & Surgery of the Retina & Vitreous
Diabetic Retinopathy
Macular Degeneration

Sarit M. Patel, MD
Oculoplastic & Reconstructive Surgery

Christopher J. Russo, MD
Cataract & Anterior Segment Surgery

Tracey L. Asmus, OD
Routine Eye Exams
Contact Lens Exams & Fittings

Our 3 Convenient Locations

One Lake Street, Building C, New Britain, CT 06052 • (860) 826-4460
641 Farmington Avenue, Bristol, CT 06010 • (860) 585-0000
55 Meriden Avenue, Suite 1G, Southington, CT 06489 • (860) 621-3723

1 (800) 889-6008 • www.starlingphysicians.com

The Evolution of Healthcare

As the world of healthcare evolves, there are more and more care options to choose from, making tools like this Resource Guide invaluable. While more choice is a benefit to patients, it can certainly make navigating health resources a little daunting. The good news is, the changing face of healthcare actually can make it simpler to find and access the services you need, because virtually all care can originate from one single point — the relationship between you and your primary care physician (PCP).

At Eastern Connecticut Health Network (ECHN), we call this "You-Centered Care." The focus, or center of the circle, is your relationship with

a PCP in one of our Eastern Connecticut Medical Professionals (ECMP) practices throughout the region. From there, ECHN surrounds you with a world of health and wellness resources — including hospitals, specialists, behavioral health, labs, fitness and nutrition, home care and more. In this you-centered model, you and your doctor decide what care is best and where to get it.



ECHN's patient-centered model includes an advanced electronic medical records system that helps keep patients and doctors informed and on the same page. We also employ a team of care coordinators to provide guidance to patients between doctor visits and an information modeling system that can accelerate the diagnosis and treatment of more serious medical issues.

ECHN believes that care should be delivered locally whenever possible. In other words, the circle around you and your doctor, while large enough to include every service you need, should be small enough to feel comfortable and convenient.



Interim CEO,
Michael Collins,
ECHN

ProHealth Physicians Puts Patients First

ProHealth Physicians is a statewide, physician-led medical group of local community doctors committed to high-quality care, prevention, and lifelong wellness. ProHealth's family of primary care doctors and specialists care for more than 360,000 people in Connecticut at more than 80 locations. They bring pediatric, adult, and family medicine together with specialty, diagnostic, and therapeutic services and offer convenient access to evening and weekend walk-in care.

ProHealth is privileged to be trusted by patients of all ages and proud to be recognized by

the National Committee for Quality Assurance for their patient-centered care. ProHealth is part of OptumCare, a leading national information and technology-enabled health services business. Through use of advanced technologies, ProHealth can better coordinate care and can connect patients with their personal health



information using their online patient portal. Their resources empower patients, families, caregivers, and the community to enhance their health and well-being through informed decisions and by being active partners in their healthcare. To find a ProHealth physician near you — visit ProHealthMD.com, or call 1-855-CTMD-411 to schedule your first appointment.



Delivering Business.

HARTFORD BUSINESS JOURNAL



Subscribe online: www.HartfordBusiness.com/subscribe

When you need information to grow your business, we deliver!
Subscribe today to receive weekly issues in print and digital,
plus special publications and full online access!



The Center for Cancer Care lobby at Griffin Hospital in Derby (left) reflects the hospital's focus on a peaceful, comforting environment that promotes healing and wellness. Similarly, Griffin's inpatient psychiatry unit has a residential-style kitchen (right) that seeks to provide a safe, peaceful environment for patients to reduce anxiety.



PHOTOS/COURTESY

Patient-Centered Care

CT hospitals focus on 'customer' service to enhance patient experience, care

BY JOHN STEARNS

jstearns@HartfordBusiness.com

Patient-centered care is a term heard a lot in health care these days as the industry grapples with seismic changes in how health care is evaluated and providers compensated.

The transformation from a fee-for-service model to more of a value-based model has healthcare systems dissecting their organizations to improve patient outcomes, which some studies suggest improve with patient-centered care.

So what is patient-centered care?

An influential report 15 years ago from the Institute of Medicine, "Crossing the Quality Chasm," defined it as "providing care that is respectful of and responsive to individual patient preferences, needs and values, and ensuring that patient values guide all clinical decisions," citing it as one of six aims for quality health care. The other aims: that health care be safe, effective, efficient,

equitable and timely.

Asked how he would define patient-centered care, John Rodis, president of St. Francis Hospital and Medical Center, said: "... I think it's really looking at the entire experience that we provide with patients from a 360 point of view and do what is in their best interest as opposed to our best interest. It shouldn't be doctor-centered care or hospital-centered care, it should be patient-centered care. In other words, what makes the most sense to the patient, give them the access, the information, the high-quality care that they deserve, that's most convenient for them whenever possible."

Connecticut hospitals and care centers demonstrate patient-centered care in varying ways and degrees, some following established models and guidelines set by an international membership organization, others incorporating patient-centeredness in their own meaningful ways.

Regional hospitals' reflections of patient-centeredness include tastefully designed facilities meant to feel warm and open, not sterile and scary; easy and open access to patient medical records; emphasis on patient and family education; arranging referral appointments for patients; combining multiple services under one roof to improve convenience; same-day results and follow-up consultations on tests like mammograms; immediate referral access to behavioral health staff; contacting

patients at home to ensure they're following treatment protocols; and appointment availabilities before and after work.

While patient-centered efforts take different forms, all hospital executives interviewed for this story say they've seen care and cost benefits emerge from their initiatives. Implementing patient-centered care throughout the industry is a work in progress, said Dr. James Cardon, CEO of Integrated Care Partners and chief clinical integration officer at Hartford HealthCare.

"In health care, my own view is, being a provider for a long time, it was very much not focused on patients," Cardon said. "The bar is pretty low at the moment in terms of trying to make that experience improved."

For one, access to care had to change in the industry, he said. "How many times did patients walk in to see me and say, 'Oh I'm so thankful you're able to see me, I've only waited a month,'" he said. "It was embarrassing. I don't think there's anybody in the world who said that was a good idea."

Rodis also has seen the pendulum swing toward a patient-centric focus. While primarily an administrator, he's also a medical doctor, "so I guess I could say this: I would say most health care for the last 75 years has been more centered around our schedules ... and not really being sensitive to patients' lives and patients' schedules."

throughout the hospital at least thrice weekly.

Griffin's locked psychiatric unit also includes an open environment between patients and staff and features like a large saltwater fish tank.

"It's always been thought that you can't create a healing environment in that kind of unit with those kinds of patients — that was the last piece of conventional wisdom that we took great pride in challenging," Charmel said. "It reduces their stress, they need less medication, they have faster recovery."

Aside from the physical, Griffin is committed to an open medical records policy and has bedside tablets for patients to access their records and pose questions.

There are no posted visitation hours and visitors can come and go 24/7, including in the ICU, which was designed with a family and visitor corridor outside it with bathrooms, showers and sleeping quarters.

Food is key, too.

"We really recognize the value of food and nutrition in healing and we see hospitalization as a teachable moment," Charmel said of helping people, for example, with chronic diseases learn better eating habits. The food is so good, it attracts diners from outside the hospital.

HARTFORD HEALTHCARE

The patient-centered focus requires a cultural commitment and a cultural change — and it has to happen, said Hartford HealthCare's Cardon.

"That's probably the biggest thing we've got to tackle to make sure it's on everybody's radar screen all the time," he said. "We've moved away from thinking (of) ourselves as a hospital company and really as a healthcare delivery system."

That system involves myriad parts Hartford HealthCare is working to improve and to embed what it sees as a holistic and comprehensive approach to the patient experience, which begins with staff, Cardon said.



Janine Fonfara (left) a behavioral health social worker at the Backus Colchester Family Health Center, meets with (left to right) Ila Sabino; Victoria Samolis, administrative manager at the Backus CONNCARE practice in Colchester; and Jennifer Ferrand. Representatives from throughout Hartford HealthCare have collaborated to integrate behavioral health staff at health centers throughout the system.

It's tapping the assistance of healthcare consulting firm Press Ganey and also has hired a chief experience officer as part of the effort.

At Hartford HealthCare's Patient Experience Showcase earlier this year, Executive Vice President and Chief Operating Officer Jeffrey Flaks said patient satisfaction scores needed to improve and improving patient experience would be the system's top priority.

Hartford HealthCare's patient-centered focus has included taking steps to improve patient access to its system, Cardon said. For its employed medical group, that includes hours convenient to patients and seeing them within 24 hours of a call.

Also important is the support built around patients, he said.

Hartford HealthCare's Integrated Care Partners has a care-management team that comprises 24 nurses, social

workers and pharmacists who work with the system's primary-care physicians to engage patients who are at home and not able to get in for care or need help managing their conditions.

It's early, but that outreach is producing savings, including reducing unnecessary and avoidable utilization of services, he said. Other patient-focused initiatives include helping patients schedule appointments with specialists.

Hartford HealthCare also has embedded a behavioral-health social worker in 12 of its primary-care practices, "so that they're there when a patient comes in and has an issue, acute depression, something else that requires a warm handoff," he said. "It's no longer a referral out to that behavioral-health specialist, but it's a walk down the hall and an introduction."

Other patient-focused efforts include co-locating services in one area.

The new Hartford Healthcare Cancer Institute at The Hospital of Central Connecticut that opened last year in New Britain was designed, too, with a patient-centered focus, including treatment rooms overlooking healing gardens, warm colors, a massive stone fireplace and more.

Also important, Cardon said, is getting Hartford HealthCare into one electronic health record so providers have a patient's history at their fingertips.

ST. FRANCIS HOSPITAL AND MEDICAL CENTER

St. Francis' Rodis said hospitals have long focused on outcomes like patients not dying or getting infections. Those are rare events and it should be a given they won't



Dr. James Cardon, CEO of Integrated Care Partners and chief clinical integration officer at Hartford HealthCare.

Committed to Delivering Healthcare the Way it Should Be

Over 250 Multispecialty Providers in 28 Convenient Locations

Delivering a better healthcare experience by building enduring relationships and focusing on all your needs.



Comprehensive care across 25 specialties

Advanced Spine & Pain Care	Gastroenterology	Nephrology	Pediatrics	Rheumatology
Allergy/Immunology	Geriatric Care	Neurology	Psychiatry / Physical Medicine & Rehabilitation	Sleep Medicine
Cardiology	Hematology / Oncology	Obstetrics & Gynecology	Podiatry	Surgery
Dermatology	Hospital Medicine	Ophthalmology	Pulmonology & Critical Care	Urology
Ear, Nose & Throat	Infectious Disease	Orthopaedic Surgery & Sports Medicine		
Endocrinology	Internal Medicine			

www.starlingphysicians.com • (860) 258-3470





The Comprehensive Women's Health Center at St. Francis Hospital and Medical Center is designed to be a warm environment.

happen. "But we really try to focus on outcomes that matter to patients," which St. Francis learns from constant surveys of patients, he said.

While he said patient satisfaction scores have been among some of the state's highest in categories such as likelihood to recommend, or rating the hospital 9 or 10, Rodis continues to look for improvement.

In its Connecticut Joint Replacement Institute (CJRI), for example, St. Francis began tapping the International Consortium for Health Outcomes Measurement (ICHOM) on outcomes that matter to patients. For hip and knee replacement patients, what matters are things like pain relief, returning to function and the lifestyle one wants, such as playing golf and tennis again, returning to work and improved mobility, Rodis said.

"Those are the outcomes that matter to patients, frankly," he said. "Prior to things like ICHOM, we never really asked those questions to patients."

Even before patients are surveyed, though, all are contacted after discharge to ensure, among other things, that they don't have questions, filled their prescriptions, are taking medications properly and know when their next appointment is.

"That's very, very important to maintain our relationship with the patient beyond the acute episode of care in the hospital," Rodis said.

St. Francis also emphasizes access to care, making it convenient, for example, through FastCare clinics with extended hours in several Stop & Shop stores, multiple blood-draw clinics throughout the region, and its InQuicker online appointment scheduling program for minor emergency care.

It's also access to information, which St. Francis provides through its MyCare portal informing patients of test results, medications and more. The hospital has used mailings to remind women, for example, of the time elapsed since their last mammogram and offer the ability to book the next one online.

Hospitals, too, can use social media to target specific age groups for colonoscopies and mammograms, for example, Rodis said.

"I think that's the next wave," he said. "We in health care have been a little late, I would say, to use social media as a way to keep patients engaged, but I think we're catching up now."

Also with an eye on patient-centeredness, St. Francis built its Comprehensive Women's Health Center to be comfortable and convenient, from valet parking to private registration areas, and a warm environment that includes fluffy robes akin to those in top-rated hotels and wraparound services like massage and acupuncture. For mammograms, women get test results while they're there and then are introduced to staff for immediate follow-up tests or consultations if necessary.

It's convenient, but also decreases the anxiety women have about waiting for the results of a lab test, Rodis said. It might be easier to send a letter a few days later about test results, "but that's not patient-centered care," he said.

The hospital also tries to bridge health disparities in the community through its Curtis D. Robinson Center for Health Equity, reaching out to men, for example, in barber shops and church groups who might not otherwise get into the health system to educate them about the need for prostate screenings and offer free screenings and provide the care if they can't afford it.

Through that program, at least 40 men in Hartford have been identified with prostate cancer and treated, Rodis said.

It costs St. Francis money to offer such programs, "... but the health of my community is important to me, it's not just financial health of our hospital," Rodis said. "Obviously, the financial health of our hospital is important, but I think we have a greater role ... to make sure we have healthy communities."

St. Francis also is attacking healthcare costs through care coordinators for patients like those with heart failure and COPD who have a high chance of hospital readmission. The coordinators can reach out to patients at home and ensure they're following the care specific to their condition, Rodis said.

"And by that way, you obviously prevent the readmissions, reduce the costs and do the right thing for patients," he said. ■

Financial know-how for the healthcare industry.



John Rodis, president of St. Francis Hospital and Medical Center.



Overseeing the growth and operation of a healthcare organization requires vision and planning. At People's United Bank, we offer products and services that are well-suited to the unique needs of the healthcare industry.

**FINANCING¹ • TREASURY MANAGEMENT²
INSURANCE³ • PERSONAL BANKING**



peoples.com/healthcare

**People's United[®]
Bank**

What know-how can do[®]

¹Credit approval required. ²Some services may require credit approval.

©2016 People's United Bank, N.A. | Member FDIC | Equal Housing Lender

³Insurance available through People's United Insurance Agency, a subsidiary of People's United Bank, N.A. Insurance products are not deposits or other obligations of, and are not guaranteed by People's United Bank or its affiliates; are not insured by the FDIC, by any other government agency, or by People's United Bank or its affiliates; may involve risk, including possible loss of principal.

Adult day care centers in Greater Hartford

(Ranked by client capacity)

Rank	Center	Client capacity	Director	Hours of operation	Services offered
1	Town of Windsor Adult Day Care 330 Windsor Ave. Windsor, CT 06095 860-547-0251; townofwindsorct.com/ caringconnection/	60	Lois Arsenault	7 a.m. to 4:30 p.m. M-F	Door-to-door assisted-transportation in Windsor and surrounding communities via specially equipped vans, recreation, a hot lunch and two snacks, professional medical supervision, personal care such as showering and additional podiatry service offered
2	Hebrew Community Services Adult Day Center (1) 15 Woodland St. Hartford, CT 06105 860-523-3857; hebrewhealthcare.org	60	Charmaine Emond	8 a.m. to 4 p.m. M-F	Health services, nursing assessments, assistance with medications, onsite laboratory services, rehabilitation therapies, medical clinics, nutritional counseling, assistance with showering or bathing, daily exercise classes, social events, shopping trips and cultural activities
3	Juniper House Regency (2) 55 Spring St. New Britain, CT 06051 860-893-1970; juniperhomecare.com	40	Diana Mendez	9 a.m. to 4 p.m. M-F, Sat. & Sun.	Breakfast and a three-course gourmet lunch with ethnic meal options, English and computer classes, bingo and memory-stimulation games, shopping and cultural trips, health screenings, exercise classes, nursing and other medical supervision, fluent in English and Spanish, transportation and heart-healthy cooking classes
4	St. Mary Home Adult Day Center 2021 Albany Ave. West Hartford, CT 06117 860-570-8200; themercycommunity.org	40	Debi Zandonella	8 a.m. to 4 p.m. M-F	Nursing, social work, personal care and bathing, recreational therapy, hot and cold meals, physical/occupational/speech therapies, monthly wellness checks, respiratory assessments, games, assistance with medicines, glucometer monitoring and door-to-door transportation
5	Enfield Adult Day Center 820 Enfield St. Enfield, CT 06082 860-253-6300; enfield-ct.gov/134/Adult-Day-Center	40	Paula Vaicekauskas	8 a.m. to 4 p.m. M-F	Transportation, medical services, activities, exercise, meals, field trips and entertainment
6	Love All Serve All Adult Daycare 70 Yale St. Hartford, CT 06114 860-956-8174; N/A	30	Milly Vargobian	7 a.m. to 3 p.m. M-F	Meditation, yoga, exercise, arts and crafts, two meals and two snacks, outdoor barbecue, dancing, social services, nutrition and nursing
7	Family Adult Day Care 445A Willard Ave. Newington, CT 06111 860-436-2013; ctfamilycare.net	30	Dale Hume-Rimai	8 a.m. to 5 p.m. (3) M-F & Sat.	Transportation, nutritious meals, stimulating activities, exercise and fitness and skilled care
8	Juniper House Hartford 598 Farmington Ave. Hartford, CT 06105 860-523-7989; juniperhomecare.com	30	Svetlana Possokhov	8 a.m. to 4 p.m. M-F, Sat. & Sun.	Breakfast and a three-course gourmet lunch with ethnic meal options available, English and computer classes, bingo and memory-stimulation games, shopping and cultural trips, exercise classes, transportation and heart-healthy cooking classes
9	Juniper House Adult Day Center Elmwood 1086 New Britain Ave. West Hartford, CT 06110 860-523-1919; juniperhomecare.com	25	Alexei Seleznev	8 a.m. to 4 p.m. M-F, Sat. & Sun.	Breakfast and a three-course gourmet lunch with ethnic meal options available, English and computer classes, bingo and memory-stimulation games, shopping and cultural trips, health screenings, exercise classes, transportation and heart-healthy cooking classes.
10	Friendship Circle Adult Day Center 280 Country Club Road Avon, CT 06001 860-673-7631; N/A	20	Sally Southerland	8 a.m. to 4:30 p.m. M-F	Meal from dietician, 30 minutes of exercise, arts and crafts, music, games, morning and evening snack
11	Mclean Home Care 75 Great Pond Road Simsbury, CT 06070 860-658-3700; mcleanicare.org	15	David Bordonaro	9 a.m. to 3 p.m. M-F	Social-model care in a warm, inviting atmosphere with energetic programming, indoor and outdoor activities, entertainers, educational programs and a chef-prepared meal; private pay only
12	Masonicare at Ashlar Village Cheshire Road Wallingford, CT 06492 203-679-6425; masonicareassisted.org	10	Jason Rieger	10 a.m. to 4 p.m. M-F, Sat. & Sun.	Meals and snacks, exercise, music, arts and crafts, gardening, entertainment and more to stimulate thinking and problem-solving, socialization, medication prompts, toileting assistance and incontinence

Source: Each day care center via survey.

(1) Hebrew HealthCare filed for bankruptcy reorganization in Aug. 2016.

(2) Medical facility, primarily Spanish speaking.

(3) Extended hours also offered.

—Compiled by Brendan Sullivan.

Largest assisted-living communities in Greater Hartford

(Ranked by number of units as of July 2016)

Rank	Company	Total units	No. of efficiencies/ One-bedrooms/ Two-bedrooms		Amenities	Monthly fee/ Down payment	Percent occupied	Medical assistance/ 24-hour security	Owner/ Company	Year built
			70	62						
1	Masonicare at Ashlar Village	136 (1)	70	62	5	Housekeeping, linens, utilities, activities, transportation, maintenance, security, dietary, 24-hour emergency call system, and three meals daily	\$4,140-\$7,300 (2) \$0 (3)	93%	Y Y	Masonicare 1998
2	The Hearth	135	53	69	13	24-hour nurse on-site, three meals daily, weekly housekeeping, wellness aid, van for transportation, theater room, beauty salon, country kitchen, resident laundry, game room, billiards, raised garden beds and enclosed courtyard for memory care	Varies (4) \$0	90%	Y Y	The Hearth Management LLC 2014
3	Suffield by the River	119	27	44	11	Eight single-home, independent, assisted-living and memory-care units	\$4,200-\$7,200 None	93%	Y Y	Celia J. Moffie Owner & executive director 1998
4	Atria Greenridge Place (5)	108	46	57	5	Scheduled transportation, three meals daily, life-guidance program for memory-impaired residents, independent living, assisted living with care services and medication management	\$4,690-\$7,625 \$3,500 Community fee (one-time)	95%	Y N	Atria Senior Living Group Inc. 1998
4	The Saybrook at Haddam	108	38	62	7	Dining, exercise, movie room, library and assisted living and safe harbor for residents with Alzheimer's and memory-related disorders	\$4,000-\$7,785 \$2,120	91%	Y Y	Joe Irving MCAP Sabine Pointe LLC 2007
6	Hoffman SummerWood Community	104	0	86	18	Fine kosher dining, weekly housekeeping and linen service, optional health services, transportation program, social and cultural activities, on-site fitness and art classes	Varies None	97%	Y Y	Hebrew HealthCare Inc. (6) 2001
7	River Ridge at Avon	102	39	54	9	Three meals daily, weekly housekeeping, transportation, calendar of activities and memory care	Varies Varies	95%	Y Y	Benchmark Senior Living 1997
8	The Village at Buckland Court	100	68	28	4	Three meals daily, housekeeping, transportation, full calendar of events and programs and memory care	Varies Varies	95%	Y Y	Bennchmark Senior Living 1999
8	The Village at Kensington Place	100	60	34	6	Three meals daily, full calendar of programs, transportation, entertainment and memory care	Varies Varies	95%	Y Y	Benchmark Senior Living 2001
10	The Village at South Farms	95	69	20	6	Three meals daily, full calendar of activities, transportation, entertainment and memory care	Varies Varies	95%	Y Y	Benchmark Senior Living 1999
11	The Orchards at Southington	90	15	71	4	Meals included, housekeeping, transportation, good-life fitness, activities and entertainment	\$3,500-\$5,000 \$2,000	99%	Y Y	Central Connecticut Senior Health Services 1998
12	Residence at South Windsor Farms	80	49	29	2	Private apartment, utilities, healthcare professionals regularly visit, maintenance, weekly housekeeping and laundry; social, recreational and cultural activities, 24-hour trained staff and wellness activities	\$4,995-\$7,675 Community fee \$4,000	95%	N Y	The Residence at South Windsor Farm LCB Senior Living LLC 2015
13	Cedar Mountain Commons (5)	78	18	54	6	Meals, transportation, nursing, social activities, heat, air conditioning, electricity, independent and assisted-living apartments	\$3,965-\$7,835 \$2,000 (7)	90%	N (8) Y	James Casey Executive director Hartford Hospital/ Jefferson House 2001
14	Brookdale Place of West Hartford (5)	75	32	24	19	Daily housekeeping, three meals daily, personal laundry, transportation, social activities, personal-care assistance and secured neighborhood for people with dementia	\$3,820 One-time community fee equal to one month's rate is paid	80%	Y Y	Brookdale Senior Living 2001
15	McLean Health Center	74	74	0	0	A Life Plan community with 24-hour staffing, all meals, personal-care assistance, transportation, medication management, housekeeping and laundry, on-site health clinic and wellness programs, specialized dementia care, audiologist, podiatrist, dentist, psychiatric consultants, social workers and primary-care physicians on campus	Varies	95%	Y Y	David J. Bordonaro President McLean Health Center 1971
15	The Residence at Brookside	74	43	28	3	Private apartment, utilities, healthcare professionals regularly visit, maintenance, weekly housekeeping and laundry; social, recreational and cultural activities, 24-hour trained staff and wellness activities	\$4,350-\$7,950 Community	95%	N Y	The Residence at Brookside LCB Senior Living LLC 2015
17	Middlewoods of Farmington	71	42	23	6	Three meals daily, housekeeping, laundry, utilities, transportation, activity programs, wellness clinic and on-site registered nurse	\$3,500-\$5,500 First and last month's rent	95%	Y Y	United Methodist Homes 1999

continues on page 12

Largest assisted-living communities in Greater Hartford

(Ranked by number of units as of July 2016)

Rank	Company	Total units	No. of efficiencies/ One-bedrooms/ Two-bedrooms	Amenities	Monthly fee/ Down payment	Percent occupied	Medical assistance/ 24-hour security	Owner/ Company	Year built
18	One MacDonough Place 1 MacDonough Place Middletown, CT 06457 860-358-5800 onemacdonoughplace.org	70	37 30 3	Private apartment, three meals daily, weekly housekeeping and laundry, utilities, scheduled transportation, daily exercise programs, free WiFi, social, recreational, and cultural programs, 24-hour nursing supervision, custom-care plans and emergency response system	NA None	NA	Y Y	Middlesex Health System	1998
19	The Atrium at Rocky Hill 1160 Elm St. Ext. Rocky Hill, CT 06067 860-563-5588 benchmarkseniorliving.com	54	54 0 0	Specialized memory care, three meals daily and daily calendar of activities	Varies Varies	90%	Y Y	Benchmark Senior Living	2000
20	Covenant Village of Cromwell 52 Missionary Road Cromwell, CT 06416 860-635-2690 covenantretirement.org	50	34 15 1	Library and chapel, scheduled transportation, daily activities and exercise programs, beauty shop, gift shop, convenience store, nursing assistance, housekeeping, linen service, medication reminders, dining, daily activity programs and safety features	\$5,056-\$7,326 None	92%	Y Y	Covenant Retirement Communities	1962
21	The Views at Seabury - Assisted Living (9) 200 Seabury Drive Bloomfield, CT 06002 860-286-0243 seaburylife.org	49	49 0 0	Housekeeping, transportation, fine dining, exercise, intellectual and social programs, pool, nursing oversight, medication management and fall detection system	\$3,650+ \$0	100%	Y Y	Church Home of Hartford Inc.	1992
22	Brookdale Buckingham Alzheimer's and Memory Care Community 1824 Manchester Road Glastonbury, CT 06033 860-647-1695 brookdale.com	46	0 46 0	Weekly laundry, housekeeping, scheduled transportation, paid utilities, basic cable TV, activities, 24-hour staff, three meals daily, medication management, bathing assistance, personal hygiene, mental stimulation and engagement, visiting MDs for geriatric psychology, salon, podiatrist, secure courtyards and more	\$5,400 (10) One-time community fee (11)	100%	Y N (12)	Brookdale Senior Living	2001
23	Luther Ridge 628 Congdon St. West Middletown, CT 06457 860-347-7144 lutherridge.org	45	0 45 0	Accessible bathroom, large shower with bench seating, modern kitchenette, weekly housekeeping, personal emergency pull cords located in bathroom and bedroom, individual climate control, professional social worker to coordinate vital services for resident, three meals daily and utilities included (except cable TV and phone)	Based on income and assets Refundable security deposit	100%	Y Y	Glenn Appel Director Ascentria Care Alliance	1989
24	Assisted Living within Greater Duncaster 40 Loeffler Road Bloomfield, CT 06002 860-380-5124 duncaster.org	30	3 12 3	Private accommodations, efficiency kitchens, gym and spa, 24-hour nurse on-site, walking garden, informal dining room, specific programming for residents with dementia, pets and pet therapy and geriatricians on staff	\$3,039+ \$3,500	97%	Y Y	Duncaster	2004
25	Herbert T. Clark House - Assisted Living 43-45 Canine Road Glastonbury, CT 06033 860-652-7623 glastha.org	25	0 25 0	Formal dining, lounge, recreation room, library and salon	Varies None	100%	Y Y	Assisted Living LP	2004
26	The McAuley 275 Steele Road West Hartford, CT 06117 860-920-6300 TheMercyCommunity.org	22	1 19 2	One-hour daily assistance with bathing, dressing, grooming and medical supervision; three meals daily, housekeeping, maintenance and resident services	Varies One month's rent	82%	Y Y	The Mercy Community McAuley Center Inc.	1988

Brookdale Farmington (formerly called The Gables at Farmington), Brookdale Mountain Laurel Hebron (formerly called Emeritus at Mountain Laurel) and The Retreat did not respond to the survey. Source: Each facility via survey and Connecticut Assisted Living Association. Notes: NA = Not available.

(1) Includes 41 memory care units.

(2) Base rent starting fee.

(3) No down payment other than one month's rent.

(4) Memory care is an all-inclusive price. Month-to-month payment, no buy-in, no community fee, \$500 one-time processing fee.

(5) Data are from 2015 survey.

(6) Hebrew HealthCare filed for bankruptcy reorganization in Aug. 2016.

(7) Reservation deposit.

(8) Nursing assistance is available.

(9) Seabury Meadows Memory Support Assisted Living has an additional 58 beds.

(10) Plus personal-care services.

(11) Based on apartment size.

(12) 24-hour staff.

—Compiled by Stephanie R. Meagher and Brendan Sullivan.

Cancer treatment clinics in Greater Hartford

(Ranked by number of oncologists as of Sept. 2016)

Rank	Clinic	No. of oncologists/ No. of employees/ No. of beds	Types of cancer treated/ Specialty equipment	Clinical trials administered on-site/ Specialty procedures	Year Head of clinic founded
1	Helen & Harry Gray Cancer Center Hartford HealthCare Cancer Institute at Hartford Hospital 80 Retreat Ave. Hartford, CT 06106 860-545-3790; hartfordhospital.org	67 (1) 150 28	All types of cancer; center of distinction for rare and complex cancers 38 infusion chairs, 7 surgical robots, Truebeam and Trilogy linear accelerators with stereotactic brain and body radiosurgery, brachytherapy equipment, functional MRI and mobile digital mammography	Y (2) Stereotactic radiosurgery, brachytherapy for intracavitary and interstitial implants, solid organ transplantation, Y90 radioembolization of liver cancer, IMRT, robotic surgery for lung, abdominal, pelvis and head and neck, transoral robotic surgery, neuronavigation of brain neoplasms, awake craniotomy, minimally invasive thoracic surgery for lung and esophageal cancer, sentinel node surgery, pediatric radiation oncology, cryotherapy and radiofrequency tumor ablation, chemotherapy embolization, heated intraperitoneal chemoperfusion, pain management, MRI-guided biopsies and lung cancer screening	Andrew Salner Medical director 1990 (3)
2	Hartford HealthCare Cancer Institute at The Hospital of Central Connecticut 183 North Mountain Road New Britain, CT 06053 860-827-4170; thccc.org/locations/cancer-center	25 (4) 100 20	All 14 infusion chairs, 3T MRI and HDR	Y (2) Stereotactic radiation therapy, same-day mammography reads, breast biopsy, meditation room, on-site physical therapy, melanoma clinic, and cancer boutique	Peter Byeff Medical director 1960
3	Smilow Cancer Hospital Yale-New Haven at St. Francis 114 Woodland St. Hartford, CT 06105 860-714-4680; stfranciscare.org/CancerCenter.aspx	17 (5) 60 23 (6)	Brain tumor program, breast cancer program, gastrointestinal cancers program, gynecologic cancers program, head and neck cancers program, hematology program, lung cancer program, prostate and urologic cancers program and sarcoma program 2 linear accelerators, 1 cyberknife, 2 CT simulators and 1 HDR unit	Y (7) N/A	Kathy Noone Executive director 1996
4	Carole and Ray Neag Comprehensive Cancer Center UCConn Health Outpatient Pavilion, 263 Farmington Ave., 4th Floor Farmington, CT 06030 860-679-2100; health.uconn.edu/cancer	14 39 3	Bladder, breast, colon, endocrine neoplasia, gastrointestinal, geriatric, gynecological, head and neck, kidney, melanoma, musculoskeletal, ovarian, palliative, pediatric, prostate and skin S2000 TS Mainframe Ultrasound Machine and Spectra Optia Apheresis System	Y Tomotherapy system, reconstructive surgery and bone-marrow transplant	Caryl Ryan N/A
5	Eastern Connecticut Cancer Institute, John A. DeQuattro Cancer Center 100 Haynes St. Manchester, CT 06040 860-533-2929; echn.org/medical-oncology	13 70 N/A	Outpatient facility treating the whole body including head and neck, breast, lung, abdomen, pelvis and extremities, skin and leukemia 2 high energy linear accelerators, Brilliance Big Bore CT scanner, high-dose radiation machine (8)	N High dose rate brachytherapy, intensity-modulated radiation therapy, stereotactic body radiation therapy, bone marrow, infusion to treat rheumatoid arthritis and osteoporosis	Stephen Hauser Amanda Ayers Winfield Raynor Monica Srodon 1997
6	Hartford HealthCare Cancer Institute at Hartford Hospital - Avon 80 Fisher Drive Avon, CT 06001 860-545-1888; hartfordhospital.org	12 (9) 30 N/A	All 10 infusion chairs and linear accelerator	Y Intensity-modulated and image-guided radiation therapy	Andrew Salner Medical director N/A
7	Hartford HealthCare Cancer Institute at MidState Medical Center 435, 455 Lewis Ave. Meriden, CT 06451 203-694-8200; midstatedmedical.org	12 (10) 50 29	All 21 infusion chairs, HDR	Y (2) Cancer imaging, genetic counseling and testing, pain management, psycho-oncology, integrative medicine, screening programs, survivorship care planning, support groups and cancer resource room	Gary Tansino Medical director 1989
8	Starling Physicians Infusion Centers (11) 9 Cranbrook Drive Enfield, CT 06082 860-246-6647; starlingphysicians.com/specialty/hematologyoncology	8 46 N/A	All 37 infusion chairs	N Chemotherapy, transfusions, bone marrow biopsies and genetic counseling	N/A
9	Connecticut Children's Center for Cancer and Blood Disorders 282 Washington St. Hartford, CT 06106 860-545-9000; connecticutchildrens.org/our-care/cancer-and-blood-disorders	7 N/A N/A	All types of cancer treated; solid tumor program includes Ewings sarcoma and related tumors, germ-cell tumor, hepatoblastoma, neuroblastoma, non-rhabdomatous sarcomas, osteosarcoma, retinoblastoma, rhabdomyosarcoma and Wilms tumor N/A	Y Surgery, chemotherapy and radiation therapy	Michael Isakoff Director 2011 (12)
10	Middlesex Hospital Cancer Center 536 Saybrook Road Middletown, CT 06457 860-358-2000; middlesexhospital.org/our-services/hospital-services/cancer-center	7 35 N/A	Outpatient facility for breast, lung, colon, GYN, head and neck, prostate, bladder, esophageal and hematologic cancers Novalis Tx LINAC, digital mammography, tomosynthesis, molecular breast imaging and breast MRI	Y IMRT/IGRT, Rapid Arc and Stereotactic Radiosurgery, SRS, SBRT and HDR	Justin Drew Director N/A
11	Hartford HealthCare Cancer Institute at Windham Hospital 112 Mansfield Ave. Willimantic, CT 06226 860-456-9116; windhamhospital.org	3 (13) 8 3	All 3 infusion chairs	Y Breast, cervical and colorectal screening, low dose CT Lung Screening, medical oncology, Nurse Navigation, support groups, nutritional counseling, integrative medicine and survivorship care planning	Jeffrey Baker Medical director 1997
12	Bristol Hospital Cancer Care Center 41 Brewster Road Bristol, CT 06010 860-585-3400; bristolhospital.org/Services/Cancer-Care.aspx	2 18 N/A	All di Vinci Robotic Surgery	N Bone marrow biopsy	Sapna Khubchandani 2007

Source: Each clinic via survey. Note: Hartford HealthCare has an additional cancer center at Backus Hospital in Norwich. HDR = High dose rate; IM/IG RT = Intensity-modulated/image-guided radiation therapy; SBRT = Stereotactic body radiation therapy; SRS = Stereotactic radiosurgery; N/A = Not available.

(1) Nine radiation oncologists, 15 medical oncologists and 43 cancer surgeons.

(2) With an additional Memorial Sloan Kettering clinical trial site.

(3) Heublen Cancer Treatment Center was founded in 1975.

(4) Two radiation oncologists, six medical oncologists and 17 surgical oncologists.

(5) Thirteen medical oncologists and four radiation oncologists.

(6) Dedicated inpatient unit with 23 beds and 37 staff members, 62% chemotherapy certified and 46% ONC certified.

(7) Partnership with Yale University gives access to interdisciplinary cancer research in basic science, translational research and prevention and control.

(8) The two high energy linear accelerators offer different treatment modalities.

(9) Four radiation oncologists and eight medical oncologists.

(10) One radiation oncologist, four medical oncologists and seven surgical oncologists.

(11) Infusion centers in Enfield, New Britain and Wethersfield.

(12) Division established in 1996.

(13) One medical oncologist and two surgical oncologists.

—Compiled by Stephanie R. Meagher.

Connecticut colleges and universities with health programs

(Listed alphabetically)

Health degrees (1)

School	Pre-health (pre-medical, pre-dental)	Nursing	Pharmacy	Psychology	Counseling and social work	Paramedical	Exercise and sports science	Occupational therapy	Other degrees/programs offered
Central Connecticut State University 1615 Stanley St. New Britain, CT 06050 860-832-2278; www.ccsu.edu	P	B		B M	M C	C	M		Master's in biomolecular sciences; bachelor's and certificate in pre-health studies; bachelor's in exercise science; paramedic training provided by New Britain EMS Academy
Charter Oak State College 55 Paul J. Manafort Drive New Britain, CT 06053 860-515-3800; www.charteroak.edu				B		B			Bachelor's in healthcare administration, healthcare management
Connecticut College 270 Mohegan Ave. New London, CT 06320 860-447-1911; www.connecticutcollege.edu	P			B					Bachelor's in behavioral neuroscience, biochemistry, cellular and molecular biology; concentration in cognitive sciences; EMT certification class available through CCEMS student club
Eastern Connecticut State University 83 Windham St. Willimantic, CT 06226 860-465-5000; www.easternct.edu				B	B		Conc.		Bachelor's in health science, biochemistry; concentration in health, healthcare informatics
Fairfield University 1073 N. Benson Road Fairfield, CT 06824 203-254-4000; www.fairfield.edu	P	B M D		B M	GC M	C			
Goodwin College 1 Riverside Drive East Hartford, CT 06118 860-528-4111; www.goodwin.edu		A B			B			A	Bachelor's in health science, social work; associate and certificate in medical assisting; certificate in medical billing and coding, laboratory services, respiratory care.
Mitchell College 437 Pequot Ave. New London, CT 06320 860-701-5000; www.mitchell.edu				B					Bachelor's in health science
Post University 800 Country Club Road, P.O. Box 2540 Waterbury, CT 06723 800-345-2562; www.post.edu	P	B GC		B Conc.	M C Conc.				Bachelor's in nursing RN/BSN; concentration in correctional counseling, forensic mental health, clinical counseling within organizational settings; certificate in professional counseling, legal nurse consulting; certificate and concentration in alcohol and drug counseling
Quinnipiac University (2) 275 Mt. Carmel Ave. Hamden, CT 06518 203-582-5257; www.quinnipiac.edu	P	B M D		B	M		B	P D	Bachelor's and master's in biomedical sciences, molecular and cell biology and radiologic sciences; master's in cardiovascular perfusion, pathologists' assistant and physician assistant; doctorate in physical therapy and MD
Sacred Heart University 5151 Park Ave. Fairfield, CT 06825 203-371-7999; www.sacredheart.edu	P	B M D C		B M	B M		B M	M	Residency program in geriatric and orthopedic physical therapy; bachelor's in biochemistry, molecular and cellular biology, neuroscience, health science; master's in healthcare informatics, molecular biochemistry; certificate in home-healthcare management; master's in physician assistant and speech pathology
Southern Connecticut State University 501 Crescent St. New Haven, CT 06515 203-392-5644; www.southernct.edu	P	B M D		B M	B M	C	B M	B	Bachelor's in athletic training, public health, social work; concentration in social science and medicine, health education; master's in counseling, public health (MPH)
Trinity College 300 Summit St. Hartford, CT 06106 860-297-2151; gradstudy.trincol.edu	P			B					Bachelor's in biochemistry, neuroscience; master's in neuroscience

continues on page 16



University of New Haven

West Haven, Connecticut

M.S. in Healthcare Administration

Success in healthcare requires the right skills and knowledge to lead the transformation of the healthcare industry. Our program gives you the tools necessary to lead a 21st century healthcare organization through:

- a cutting edge, competency-based curriculum
- hands-on application
- award-winning faculty
- strong industry connections

All of this is offered in a convenient, flexible course format with classes during the day, evening, and online.

Eighty-six percent of our graduates are employed in healthcare or a related field one year after finishing the program.

newhaven.edu/MSHA



CONSULTING
CARDIOLOGISTS, PC

Committed to Excellence in Cardiac Care

JAMES E. DOUGHERTY, MD
JEFFREY H. WALDEN, MD
KEVIN J. TALLY, MD
ANDREW D. FEINGOLD, MD
JOHN D. GRANQUIST, MD

MAXIMILIAN H. LEE, MD
KEVIN R. DOUGHERTY, MD
CAROL L. CAMPBELL, ACNP
KIMBERLY E. ELLIS, PA-C

Offices located in:

Hartford, Glastonbury, Avon, West Hartford, Manchester, Windsor, Enfield & Wethersfield

(860) 522-0604 | www.consultingcardiologists.com

Connecticut colleges and universities with health programs

(Listed alphabetically)

Health degrees (1)

School	Pre-health (pre-medical, pre-dental)	Nursing	Pharmacy	Psychology	Counseling and social work	Paramedical	Exercise and sports science	Occupational therapy	Other degrees/programs offered
University of Bridgeport 126 Park Ave. Bridgeport, CT 06604 203-576-4000; www.bridgeport.edu		B		B	M		Conc.		Bachelor's and associate in dental hygiene; bachelor's in health science, medical laboratory science; concentration in nutrition, exercise and fitness, community health education; master's in physician assistant, acupuncture, Chinese herbology, traditional Chinese medicine; Doctorate in chiropractic, naturopathic medicine and traditional Chinese medicine
University of Connecticut (3) 115 N. Eagleville Road Storrs, CT 06269 860-486-2000; www.uconn.edu	P	B M D	D	B M D	M D C	C	B M D	Conc.	Eight-year bachelor's and MD program; bachelor's in healthcare management, dietetics, biomedical engineering, allied health services; certificate in health education and health promotion, health psychology, holistic nursing
University of Hartford 200 Bloomfield Ave. West Hartford, CT 06117 860-768-4100; www.hartford.edu	P	B M C		B M D					Combined bachelor's and master's for prosthetics and orthotics; post-bachelor's pre-medical program; certificate in radiologic technology; bachelor's in biomedical engineering, respiratory care and health science; master's in neuroscience; doctorate in physical therapy
University of New Haven 300 Boston Post Road West Haven, CT 06516 203-932-7000; newhaven.edu	P			B M		A B			Bachelor's and associate in dental hygiene; bachelor's in genetics and biotechnology, nutrition and dietetics; master's in healthcare administration, biomedical engineering, cellular and molecular biology; certificate in bioinformatics, registered dietician, long-term health care
University of St. Joseph 1678 Asylum Ave. West Hartford, CT 06117 860-232-4571; www.usj.edu		B M D	D	B	B M				Bachelor's in biology, biochemistry, nutrition, public health; master's in nutrition; post-bachelor's certificates in dietetic internship, emerging infectious diseases, healthcare systems management, health informatics, integrative genomics; post-master's certificate in psychiatric mental health nurse practitioner
Wesleyan University 45 Wyllys Ave. Middletown, CT 06459 860-685-2000; www.wesleyan.edu				B M					Bachelor's and doctorate in molecular biochemistry and biology; bachelor's and master's in neuroscience
Western Connecticut State University 181 White St. Danbury, CT 06810 203-837-8243; www.wcsu.edu	P	B M D		B	M				Bachelor's in health education and health-promotion studies, with concentrations in wellness management and community health
Yale University (4) 105 Wall St. New Haven, CT 06511 203-432-4771; yale.edu	P	M D	D	B D	Conc.	C			Bachelor's in biomedical engineering, molecular biophysics and biochemistry, molecular, cellular, and developmental biology; School of Public Health programs in biostatistics, chronic disease epidemiology, environmental health sciences, epidemiology of microbial diseases, global health policy and management, public health modeling; master's and doctorate in public health; physician associate program; School of Medicine MD and combined MD-JD/MBA/MDiv/PhD/MPH

Source: Each school via survey and their websites.

(1) A= associate degree, B= bachelor's degree, C= certificate, Conc= concentration, D= doctorate, GC= graduate certificate, M= master's degree, P= program, T= training.

(2) Includes Frank H. Netter MD School of Medicine.

(3) Includes University of Connecticut School of Medicine.

(4) Includes Yale School of Medicine.

—Compiled by Brendan Sullivan.

Connecticut community colleges with health programs

Listed alphabetically

Health certificates

School	Registered medical assistant	Nursing	Dental assistant	Ophthalmic assistant	Pharmacy technician	Phlebotomy technician	Professional coding	Paramedical programs	Radiology	Other degrees/programs offered
Asnuntuck Community College 170 Elm St. Enfield, CT 06082 860-253-3000; www.asnuntuck.edu	C		C	C	C	C	C			Electrocardiography technician, sterilization technician, nail technician, basic and advanced skin esthetics, personal trainer national certification and associate in human services
Capital Community College 950 Main St. Hartford, CT 06103 860-906-5000; www.capitalcc.edu	A	A						A	A	Associate in biotechnology, health information management; certificate in mental health assistance, health science and social-service aid
Gateway Community College 20 Church St. New Haven, CT 06510 203-285-2000; www.gatewayct.edu		A					A	C	A	Associate in biomedical engineering, medical administrative assistant, diagnostic medical-sonography, drug and alcohol recovery counselor, exercise science and wellness, nutrition and dietetics, radiation therapy; certificate in nuclear medical technology, health careers pathways, environmental science and toxicology
Housatonic Community College 900 Lafayette Blvd. Bridgeport, CT 06604 203-332-5000; www.hcc.commnet.edu	A				C		C	A		Associate in occupational therapy, human services; certificate in health careers pathways, behavioral health care, children and youth mental health and disabilities specialist
Manchester Community College Great Path Manchester, CT 06040 860-512-3000; www.mcc.commnet.edu			C		C		C		A	Associate in health and exercise science, drug and alcohol recovery, disability specialist, occupational therapy assistant, speech language pathology, radiation therapy, respiratory care, social services; certificate in polysomography, health careers pathways and electronic health records
Middlesex Community College 100 Training Hill Road Middletown, CT 06457 860-343-5869; www.mxcc.commnet.edu	C			A			C		A	Associate in biotechnology, health information management, health careers pathways; certificate in substance-abuse education; programs in pre-nursing and pre-health
Naugatuck Valley Community College 750 Chase Parkway Waterbury, CT 06708 203-575-8000; www.nv.edu		A			C	C	C		A	Associate in respiratory care, drug and alcohol recovery; PTA program
Northwestern Connecticut Community College Park Place East Winsted, CT 06098 860-738-6300; www.nwcc.commnet.edu	A C	A			C			C		Certificate in health career pathways, allied health science; certificate and associate in health-information management, human services, medical assistance and therapeutic recreation
Norwalk Community College 188 Richards Ave. Norwalk, CT 06854 203-857-7000; www.norwalk.edu	C	A	C		C	C	C	C	A	Associate in respiratory care, physical therapy assistance, medical-office management, psychology; certificate in health careers pathways, medical office specialist, medical-office assistant and mental health
Quinebaug Valley Community College 742 Upper Maple St. Danielson, CT 06239 860-412-7200; www.qvcc.edu	A					C	C	C		Associate in healthcare management; certificate in health careers pathways and administrative medical-office skills
Three Rivers Community College 574 New London Turnpike Norwich, CT 06360 860-215-9000; www.threerivers.edu	C	A	C		C	C	C	C		Associate in exercise science; certificate in electrocardiography and patient care
Tunxis Community College 271 Scott Swamp Road Farmington, CT 06032 860-773-1300; www.tunxis.edu ,	C		C		C	C		C		Associate in dental hygiene; certificate in health careers pathways

Source: Each school's website.
Note: A = associate degree, C = certificate.
—Compiled by Brendan Sullivan.

Cosmetic and plastic surgery centers in Greater Hartford

(Ranked by number of board-certified surgeons as of Sept. 2016)

Rank	Center	No. of board-certified surgeons/ No. of employees	Practitioner(s)	Surgical procedures offered/ Non-surgical and minimally invasive procedures	Year founded
1	UConn Health Surgery Center Outpatient Pavilion, 6th Floor East, 263 Farmington Ave. Farmington, CT 06030 860-679-8080; health.uconn.edu/surgery/cosmetic-plastic-surgery	2 8	Andrew Chen, MD Amir Nasir, MD	Eyelid surgery, ear pinning, nose reshaping, liposuction, tummy tucks, post-bariatric surgery, fat grafting/injections, burns/keloids/scars, skin cancer excision, cyst excision; lifts for face, midface, brow, forehead, neck, arm, thigh and body; breast augmentation, lift or reduction; reconstruction for breast, post-Moh's, congenital deformity, ganglions, trigger finger and traumatic injuries; arthritis or arthodesis and variety of treatments for hand/wrist/finger, basal joint arthritis, carpal tunnel syndrome, gamekeeper's thumb, golfer's elbow and more Botox, restylane, juvederm, radiesse injectable/fillers, skin lesions, cancer, ganglion cyst, mucous cysts, split ear lobe repair, lesion, skin tag, cyst or lipoma	1993
2	Stanislaw Facial Plastic Surgery Center 35 Nod Road Avon, CT 06001 860-409-1516; stanislawmd.com	1 5	Dr. Paul Stanislaw, MD	Face/neck lift, earlobe repair, brow lift, otoplasty, lip reconstruction, rhinoplasty, skin cancer repair and benign lesions Liquid rhinoplasty, acne scarring treatment, chemical peel, hand rejuvenation, superficial wrinkling, liquid facelift, botox, dysport and juvederm	2008
3	Connecticut Facial Plastic Surgery 499 Farmington Ave. Farmington, CT 06032 860-676-2472; ctentonline.com	1 N/A	Brook M. Seeley, MD	Eyelid surgery; brow, neck and face lift; earlobe repair, facial implants and reconstruction, hair transplants, liposuction, laser surgery, otoplasty, rhinoplasty and skin cancer reconstruction Acne, anti-aging, eyelashes, eye treatments, hair loss, hair transplants, propecia, botox, chemical peels, juvederm, laser treatments, perlane, radiesse and restylane	1996

Source: Each center via survey and American Society of Plastic Surgeons. Note: N/A = Not available.

—Compiled by Brendan Sullivan.



S.O.S. for pain, sleep, posture & more

Hermell Products, Inc. Bloomfield, CT 1-800-233-2342 Hermell.com

Manufacturers of therapeutic cushions and specialty pillows since 1969.



We understand the needs of
Health Care Professionals
like no other financial institution.

Our commitment is to care for the financial needs of your health care organization and employees, while you care for the needs of others.

Put your company and employees on the path to financial wellness; contact us today for information or a no-obligation presentation.

HARTFORD
HEALTHCARE
FEDERAL CREDIT UNION

We care for you as you care for others.

4 Wethersfield Avenue, Hartford
860.990.1256 • www.hhcu.org

Dialysis facilities in Greater Hartford

(Ranked by number of in-center hemodialysis stations)

Rank	Facility	No. of in-center hemodialysis stations/ Home-hemodialysis training	Shifts starting after 5:00 p.m./ Peritoneal dialysis	Services offered	Clinic manager	Year founded
1	Hartford Hospital 80 Seymour St., JB8 Hartford, CT 06102 860-972-2070; hartfordhospital.org	40 Y	Y Y	Pharmacist, social worker and dietician on staff; interpreter, travel and education services, plasmapheresis and pre-CKD clinic	Scott Benson Medical director Alex Ilchenko Unit manager	1977
2	Dialysis Clinic Inc. - Manchester Dialysis 319 Main St. Manchester, CT 06040 860-432-9499; dciinc.org/manchester	28 Y	N Y	Home-dialysis nurse, dietician and social worker on staff, Spanish language interpreter and free WiFi access	James Reid Administrator	2009
3	Hartford Dialysis (1) 675 Tower Ave. Hartford, CT 06112 800-424-6589; davita.com	27 N	Y (2) Y	Pharmacy, travel and education services	Michael Moustakakis Medical director	1999
4	East Hartford Dialysis Center (3) 200 Pitkin St. East Hartford, CT 06108 860-282-6266; freseniuskidneycare.com	24 Y	N Y	Pharmacy, travel and education services	Anna Piascik Regional director Christopher Meyer Clinic manager	1994
5	Central Connecticut Dialysis Center (3) 377 Research Parkway Meriden, CT 06450 203-639-2880; freseniuskidneycare.com	23 Y	N Y	Pharmacy, travel and education services	Anna Piascik Regional director Anjali Gandbhir Clinic manager	1994
6	Physicians Dialysis Inc. Rocky Hill (4) 30 Waterchase Drive Rocky Hill, CT 06067 800-424-6589; davita.com	23 Y	N Y	Pharmacy, travel and education services	Matthew Carley Medical director	1999
7	Hospital of Central Connecticut 100 Grand St. New Britain, CT 06050 860-224-5195; thocc.org	22 Y	N Y	Social worker and dietician on staff, interpreter, travel and education services	Robert Lapkin Medical director Silvia Faria Unit manager	1977
8	Vernon Dialysis Center (1) 460 Hartford Turnpike, Suite C Vernon, CT 06066 800-424-6589; davita.com	22 N	Y (2) Y	Pharmacy, travel and education services	Angelito Bacay Medical director	2006
9	Physicians Dialysis Inc. Middlesex Dialysis Center (1) 100 Main St., Suite A Middletown, CT 06457 800-424-6589; davita.com	22 N	N Y	Pharmacy, travel and education services	David Miner Medical director	2000
10	Dialysis Center Inc. - UConn Dialysis (5) 230 Farmington Ave. Farmington, CT 06032 860-678-1459; dciinc.org/uconn	20 Y	Y (2) Y	Dietician and social worker on staff, interpreter and free WiFi access	James Reid Administrator	1999
11	Southington Dialysis (3) 341 West St. Plantsville, CT 06479 860-621-3557; freseniuskidneycare.com	19 Y	N Y	Pharmacy, travel and education services	Anna Piascik Regional director Kathy Geckle Clinic manager	2008
12	Willard Avenue Dialysis (1) 445 Willard Ave. Newington, CT 06111 866-544-6741; davita.com	19 N	N (6) Y	Pharmacy, travel and education services	Maria Everhart-Caye Medical director	1989
13	Fresenius Medical Care Hartford (3) 3580 Main St. Hartford, CT 06120 860-560-4054; freseniuskidneycare.com	19 Y	N Y	Pharmacy, travel and education services	Anna Piascik Regional director Nancy Medeska Clinic manager	2007
14	Western Hartford Dialysis (3) 725 Park Avenue Bloomfield, CT 06002 860-726-0099; freseniuskidneycare.com	18 Y	Y Y	Nocturnal dialysis program, pharmacy, travel and education services	Anna Piascik Regional director Madge Murphy Clinic manager	2010
15	Dialysis Center of Newington (3) 375 Willard Ave. Newington, CT 06111 860-667-3898; freseniuskidneycare.com	17 Y	N Y	Pharmacy, travel and education services	Anna Piascik Regional director David Gadzik Clinic manager	1990
16	Bloomfield Dialysis (4) 29 Griffin Road South Bloomfield, CT 06002 800-424-6589; davita.com	16 N	N Y	Pharmacy, travel and education services	Niranjan Sankaranarayanan Medical director	2003
17	Enfield Dialysis Center (3) 113 Elm St. Enfield, CT 06082 800-881-5101; freseniuskidneycare.com	13 Y	N Y	Pharmacy, travel and education services	Evan Smith Regional director Sue Picard Clinic manager	1998
18	Farmington Dialysis (1) 11 South Road Farmington, CT 06032 800-424-6589; davita.com	13 N	N (6) Y	Pharmacy, travel and education services	Terrence Oder Medical director	2012
19	Forestville Dialysis (3) 135 Middle St. Bristol, CT 06010 860-584-2155; freseniuskidneycare.com	13 Y	N Y	Pharmacy, travel and education services	Anna Piascik Regional director Clinic manager currently vacant	2002
20	Palomba Drive Dialysis (4) 51 Palomba Drive Enfield, CT 06082 800-424-6589; davita.com	10 Y	N (6) Y	Pharmacy, travel and education services	Joseph Singh Medical director	2015
21	Fresenius Medical Care Windsor LLC (3) 1 Emerson Drive Windsor, CT 06095 860-285-8612; freseniuskidneycare.com	10 N	N Y	Pharmacy, travel and education services	Anna Piascik Regional director Laurie Gadzik Clinic manager	2016
22	Windham Dialysis Center (1) 375-C Tuckie Road North Windham, CT 06256 860-456-1677; davita.com	9 N	N N	Pharmacy, travel and education services	Claudio Milite Medical director	2006

Source: Each facility via survey, medicare.gov and National Kidney Foundation. Note: N/A = Not available.

(1) Part of DaVita.

(2) Late shifts available Monday, Wednesday and Friday.

(3) A division of Fresenius Medical Care North America.

(4) Part of DaVita; includes at-home services.

(5) DCI UConn Dialysis is clinically affiliated with the UConn John Dempsey hospital.

(6) Open Monday, Wednesday and Friday only.

—Compiled by Stephanie R. Meagher.

Eye surgery centers in Greater Hartford

(Ranked by number of surgeons as of Sept. 2016)

Rank	Center	No. of surgeons/ Total no. of employees	No. of locations Hospital affiliation	Services and equipment	Head of center	Year founded
1	Hartford Hospital Eye Surgery Center 505 Willard Ave. Newington, CT 06111 860-665-0174; hartfordhospital.org/ services/eye-surgery	43 (1) 39 (2)	1 Hartford Hospital	Anterior segment, cataract, cosmetic eyelid, refractive and retinal surgery; treatment of cornea and external eye disease, diabetic retinopathy, eye muscle disorders, eyelid malpositions, glaucoma, macular degeneration and strabismus (3) LenSX Laser, lens implants	David Emmel, Medical director Dwayne Kertanis, Administrator Donna Brayfield, Clinical director	1998 (4)
2	Starling Physicians Eye Center 641 Farmington Ave. Bristol, CT 06010 860-585-0000; starlingphysicians.com/ specialty/ophthalmology	6 34	3 (5) Hospital of Central Connecticut, Hartford Hospital Eye Surgery Center and Bristol Hospital	Cataract surgery, corneal transplantation, laser refractive surgery, glaucoma treatment and surgery, diabetic retinopathy, macular degeneration therapies, plastic surgery for eyelids and orbit and treatment of dry eye/ocular surface disease Laser and diagnostic equipment	Alan Stern, Head of the Department of Ophthalmology	1954
3	Precision Lasik Group 700 West Johnson Ave., Suite 101 Cheshire, CT 06410 203-250-9800; precisionlasikgroup.com	6 5	2 (6) N/A (7)	Outpatient laser vision (LASIK & PRK) for the reduction or elimination of glasses for the nearsighted, farsighted or those with astigmatism Allegretto Wave EX500, Topolizer, Moria microkeratome	Mark Milner, Surgeon	2000
4	UConn Health Surgery Center Outpatient Pavilion, 5th Floor, 263 Farmington Ave. Farmington, CT 06030 860-679-2000; health.uconn.edu/eye- care/surgery/eye-muscle-surgery	5 18	1 UConn John Dempsey Hospital, Hartford Hospital	Cataract and anterior segment surgery, corneal transplant, glaucoma surgery, orbital and oculopastics surgery N/A	David McFadden, Chair	1972
5	Fichman Eye Center 1500 Albany Ave. Hartford, CT 06112 860-560-9563; fichmaneyecenter.com	4 7	3 (8) N/A	Cataract and refractive surgery, laser vision correction, treatment of glaucoma, macular degeneration and retinal vascular diseases such as diabetic retinopathy, evaluation exams and dry-eye treatment Portable YAG laser and surgical recovery suite	Richard Fichman, Founder	1995
6	Lasik Vision Institute 270 Farmington Ave., Suite 172 Farmington, CT 06032 860-674-6053; lasikvisioninstitute.com	1 6	1 N/A	Contoura guided Vario treatment ALCON wavelight ex500 laser	Krista Makowski, Manager	2013 (9)

Source: Each center via survey. Note: Farmington's Ratchford Eye Center declined to participate in the survey. Note: N/A = Not available.

(1) Includes surgeons who work as independent contractors.

(2) Not including surgeons who work as independent contractors.

(3) Retinal surgery and surgery under general anesthesia usually performed in hospital.

(4) Acquired by Hartford HealthCare 2011.

(5) Locations at Bristol, New Britain and Southington with an additional location in Springfield, Mass.

(6) 8 locations statewide including Cheshire and New Britain.

(7) Participating private practitioners have various hospital affiliations.

(8) Four locations statewide including Hartford, Manchester and New Britain.

(9) Year opened in Farmington.

—Compiled by Stephanie R. Meagher.

Fertility clinics in Connecticut

(Ranked by number of board-certified fertility specialists as of Sept. 2016)

Rank	Clinic	No. of board-certified fertility specialists	No. of employees/CT locations	Treatment options	Other services	Head of clinic	Year founded
1	Yale Fertility Center 150 Sargent Drive, 2nd Floor New Haven, CT 06511 203-785-4708; 1-877-Yale-IVF; medicine.yale.edu/obgyn/fc/locations	9	45 (1) Guilford, 203-785-4708 New Haven, 203-785-4708 Stamford, 203-341-8899 Westport, 203-341-8899	Ovulation induction, intrauterine insemination, in vitro fertilization and in vitro maturation	Genetic diagnosis and screening, fertility preservation, male fertility, endometriosis, egg donation, gestational surrogacy and counseling (2)	Pasquale Patrizio Director	1979 (3)
2	Center for Advanced Reproductive Services (4) 50 Columbus Blvd. Hartford, CT 06106 860-525-8283; uconnfertility.com	5	100 (5) Farmington, 844-467-3483 Hartford, 860-525-8283 New London, 877-860-8044	In vitro fertilization, single embryo transfer, intrauterine insemination, superovulation therapy, therapeutic donor insemination, robotic surgery and embryo options	Counseling, consultation, testing, egg donor, egg freezing, genetic screening and oncofertility program	Paul Verrastro COO	1983
3	Reproductive Medicine Associates of Connecticut 761 Main Ave., Suite 200 Norwalk, CT 06851 203-750-7400; rmaact.com	5	107 Danbury, 203-731-2520 Norwalk, 203-750-7400 Stamford, 203-595-5455 Trumbull, 203-880-5340	Intrauterine insemination, in vitro fertilization, single embryo transfer and surgery	Chromosome screening, egg donation, gestational surrogacy, acupuncture, yoga, nutrition, counseling and support groups	Mark P. Leondires Medical director	2004
4	Greenwich Fertility (6) 55 Holly Hill Lane, Suite 270 Greenwich, CT 06830 203-863-2990; greenwichivf.com	4	N/A Greenwich, 203-863-2990 Stamford, 203-286-6810	Hysteroscopy, laparoscopy, myomectomy, ovulation induction, intrauterine insemination and in vitro fertilization	Egg freezing, surrogacy, modern family building, genetic testing, nutrition and acupuncture	Alan Berkeley Brenda Misuraca Directors	N/A
5	Park Avenue Fertility 91 East Ave., Garden Level Norwalk, CT 06851 203-853-6700; parkaviefertility.com	1	12 (7) Fairfield, 203-254-6000 Norwalk, 203-853-6700 Trumbull, 203-372-6700	In vitro fertilization, intrauterine insemination, surrogacy, donor egg or sperm, intracytoplasmic sperm injection and frozen embryo transfer	Chromosome analysis, semen analysis and same-sex couples	Tara Liskov Practice director	2005
6	New England Fertility 9 Washington Ave. Hamden, CT 06518 203-248-2353; nefertility.com	N/A	N/A Danbury, 203-702-2249 Hamden, 203-248-2353 Stamford, 203-325-3200	Diagnosis, in vitro fertilization, preimplantation genetic diagnosis, cryopreservation and gender selection	Surrogacy, egg donation, counseling and wellness	Samantha Lavy CEO	N/A
7	CT Fertility 100 Technology Drive Trumbull, CT 06611 203-373-1200; ctftertility.com	N/A	N/A Trumbull, 203-373-1200	Medication, artificial insemination, in vitro fertilization and laser laparoscopy	Sperm donation laboratory, Center for Egg Donation & Surrogacy, egg freezing, genetic screening, cord blood banking, wellness and acupuncture	Jennifer Quiles Office manager	1991

Source: Each clinic via survey and clinic websites. Note: N/A = Not available.

(1) Figure includes current participants in the center's three-year fellowship program.

(2) Includes clinical, embryology and andrology laboratories.

(3) Year fellowship program began.

(4) An academic affiliate of UConn School of Medicine.

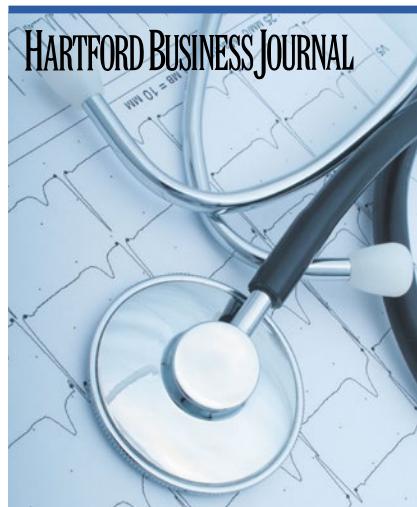
(5) 7,000 patients served in 2015.

(6) Affiliated with New York University Fertility Center and Greenwich Hospital.

(7) 300 patients served in 2015.

Compiled by Stephanie R. Meagher.

Reserve your space in this special annual resource publication



The Greater Hartford
Health Care
RESOURCE
GUIDE
2017 - 2018

Don't miss being part of the 2017-2018 HEALTH CARE Resource Guide!
Call Christian J. Renstrom, Advertising Director, Hartford Business Journal,
today at 860-236-9998 ext. 126
or email at crenstrom@HartfordBusiness.com

Advertising deadline: 9/12/2017
Annual issue to publish: 10/24/2017

HARTFORD BUSINESS JOURNAL
Delivering **Business.** In Print. Online. In Person.
www.HartfordBusiness.com

No other industry employs as many people or generates as much revenue as our region's Health Care sector does. And with our aging population further growth and expansion seem inevitable.

This rapidly shifting landscape presents both opportunities and threats to the thousands of providers in our health system, and makes the way those providers reach out to and communicate with customers all the more critical.

This single resource pulls together a comprehensive list of care and service providers by category.

We're proud to be publishing the region's annual Health Care Resource Guide. Aimed at health care industry professionals and key consumers in the business community, this is a valuable resource for information on leading providers in a wide number of categories and specialties.

For businesses and consumers, it's a one source guide to service providers that has never been put together in one easy-to-use publication.

Fitness clubs in Greater Hartford

(Ranked by number of members as of Aug. 2016)

Rank	Club	No. of Members/ No. of certified personal trainers	Amenities and equipment									Head of club	Year founded	
			Basketball court	Boxing	Cardio machines	Free weights	Swimming pool	Racquet sports	Running track	Wrestling/grappling	Yoga	Instructor-led classes/ Services		
1	Healthtrax Fitness and Wellness (1) 2345 Main St. Glastonbury, CT 06033 860-633-5572; www.healthtrax.com	30,000 65	Y	Y	Y	Y	Y	Y	N	N	Y	Over 65 classes weekly: cycle, step, boot camp, cardio blast, kickboxing, cardio training, zumba, kickboxing, silver sneakers, TRX training, Tabata and ViPer Kidzone, swim lessons, kids' fitness, executive locker rooms and family changing areas, hot tub and sauna	Ken Navarro Steve Capezzzone Owners	1979
2	Cornerstone Aquatics Center 55 Buena Vista Road West Hartford, CT 06107 860-521-3242; www.swimcornerstone.com	7,000 3	N	N	Y	N	Y	N	N	N	N	Water fitness Child care (certain hours), showers, lockers and hot tub	Dave Rowland President, Aquatics for Life	1992
3	Club Fitness Bristol 400 Middle St. Bristol, CT 06010 860-585-6400; www.clubfitct.com	5,000 3	N	Y	Y	Y	N	N	N	N	Y	Les Mills BodyPump, Insanity CXWorx, BodyCombat and BodyFlow; cycling, zumba, yoga, personal training and small group personal training Showers, locker rooms, dry saunas, smoothie bar, tanning, Kid's Club (babysitting)	Jon Osbeck General manager	2011
4	Club Fitness Bloomfield (2) 107 Old Windsor Road Bloomfield, CT 06002 860-286-9801; www.clubfitct.com	4,000 4	N	Y	Y	Y	N	N	N	N	Y	Group and individual classes Shake and supplement bar, locker room and shower, Kid's Club, personal training and tanning	Kaitlyn LaPointe General manager	N/A
5	Big Sky Vernon 47 Hartford Turnpike Vernon, CT 06066 860-649-0597; bigskyfitness.com/vernon	3,500 11	N	N	Y	Y	Y	N	N	N	Y	70 classes weekly included in membership Child care, shake bar, locker rooms, showers, cardio equipment, functional training, free-weights and machines, indoor turf areas, spinning, personal training, massage therapy, swim lessons, aqua fitness and silver sneakers	Justin Santangelo Club manager	N/A
6	Big Sky Newington 58 Commerce Center Newington, CT 06111 860-667-3200; bigskyfitness.com	3,500 10	N	N	Y	Y	N	N	N	N	Y	60 classes weekly included in membership Child care, shake bar, locker rooms, showers, cardio equipment, functional training, free-weights and machines, indoor turf areas, spinning and personal training	Family - owned	2001
7	Big Sky New Britain 1185 West Main St. New Britain, CT 06053 860-224-1100; bigskyfitness.com/new-britain/	3,500 5	N	N	Y	Y	N	N	N	N	N	N/A Child care, shake bar, locker rooms, showers, cardio equipment, functional training, free-weights and machines, indoor turf areas and personal training	Paul Tatum Club manager	N/A
8	Club Fitness East Hartford 1064 Main St. East Hartford, CT 06108 860-291-8484; www.clubfitct.com	3,000 4	N	N	Y	Y	N	N	N	Y	Y	Individual and group classes Shake and supplement bar, locker room and shower, dry sauna, Kid's Club, personal training, tanning and massage	Kelly Etienne General manager	2016
9	Club Fitness Enfield 640 Enfield St. Enfield, CT 06082 860-253-9521; www.clubfitct.com	3,000 3	N	Y	Y	Y	N	N	N	N	Y	Les Mills: BodyPump, BodyShred, PIYO, HIIT, CardioKick, Insanity and BodyFlow; yoga and zumba Kids Club, ladies center, functional training area, shake bar, locker rooms and showers	Janice Kirby General manager	N/A

Fitness clubs in Greater Hartford

(Ranked by number of members as of Aug. 2016)

Rank	Club	No. of Members/ No. of certified personal trainers	Amenities and equipment									Instructor-led classes/ Services	Head of club	Year founded
			Basketball court	Boxing	Cardio machines	Free weights	Swimming pool	Racquet sports	Running track	Wrestling/grappling	Yoga			
10	Big Sky Simsbury 526 Hopmeadow St. Simsbury, CT 06070 860-651-3701; bigskyfitness.com/simsbury	2,500 6	N	N	Y	Y	N	N	N	N	Y	56 classes weekly included in membership Child care, shake bar, locker rooms, showers, tanning, cardio equipment, functional training, free-weight and machines, indoor turf areas, spinning and personal training	Joellen Fogarty Club manager	N/A
11	The Gym at Bloomfield Crossing 22 Mountain Ave. Bloomfield, CT 06002 860-882-0363; www.thegymct.com	1,869 2	N	N	Y	Y	N	N	N	N	Y	Zumba, yoga, LeBarre, CIZE, Pilates, Insanity, BodyPump, kickboxing and more Protein share bar, lockers and showers, personal training and gravity training	Darlene Romano CFO	2006
12	Excel Fitness 589 New Park Ave. West Hartford, CT 06110 860-523-8167; excellfitnessct.com	1,000 7	N	Y	Y	Y	N	N	N	N	N	N/A Open 365 days per year 5 a.m. to 2 a.m., massage therapy, nutrition counseling and supplementation, personal training, women's circuit room, functional training room, fitness ropes, agility ladders, locker rooms and showers	Jeff Roux Owner-operator	2007
13	Chapter 126 Sports & Fitness, an Oak Hill Center 47 Upson St. Bristol, CT 06010 860-769-7047; oakhillct.org/Chapter-126	250 4	Y	N	Y	Y	N	N	N	N	Y	Adaptive group exercise classes and personal training Fully accessibility locker rooms	Kelly Boscarino Director, Chapter 126 Sports & Fitness	2014
14	Hartford Boxing Center 394 Ledyard St. Hartford, CT 06114 860-519-1504; hartfordboxingcenter.com	210 5	N	Y	N	N	N	N	N	N	N	Boxing boot camp Snack bar and equipment store	Anthony Blanco Director & owner	2014
15	AIM Fitness 161 Woodford Ave. Plainville, CT 06062 860-846-0266; www.amfitnessonline.com	200 6	N	N	N	N	N	N	N	N	N	Individual, semi-private, small group and large group training sessions Pro-shop	Michael Harland Owner	2012
16	aku ba Fitness 121 Talcott Road, Suite 1 West Hartford, CT 06110 860-967-0561; www.akuabafitness.com	100 6	N	Y	Y	Y	N	N	N	N	Y	Individual and group classes Showers and blow dryers, fresh towels and free parking	Dmario Sowah Owner & master trainer	N/A
17	Mandell JCC at St. Francis 95 Woodland St. Hartford, CT 06105 860-236-4571; mandelljcc.org	N/A N/A	N	N	Y	N	N	N	N	N	Y	Zumba, yoga, Tabata and more Personal training, sauna, locker rentals and towel service	Kristi Kearney Director	N/A

Source: Each club via survey. Note: Unable to confirm data for the YMCA.

(1) Membership number includes Avon, Enfield, Bristol, Glastonbury, Newington and North Haven locations.

(2) Includes locations in East Hartford and Enfield; Bristol location listed separately.

—Compiled by Brendan Sullivan.

Largest Connecticut health insurance companies

(Ranked by Connecticut enrollment as of Aug. 2016)

Rank	Company	Total Conn. enrollment	No. of Conn. physicians in network	No. of Conn. pharmacies	Total Conn. enrollment in dental plan(s)	Total no. of Conn. dentists/ Total no. of Conn. dental providers	Top Conn. executive	Year licensed in Conn.
1	Anthem Blue Cross and Blue Shield 108 Leigus Road Wallingford, CT 06492 800-922-4670 www.anthem.com	1,118,744	12,270	707	28,000	2,787 (1) 5,947 (2)	Jill Rubin Hummel	1936
2	Cigna Corp. 900 Cottage Grove Road Bloomfield, CT 06002 860-226-6000 www.cigna.com	489,119 (3)	17,891	712	N/A	N/A N/A	David M. Cordani	1792
3	ConnectiCare Inc. 175 Scott Swamp Road Farmington, CT 06032 860-674-5757 www.connecticare.com	488,617 (4)	21,468	706	N/A	N/A N/A	Michael Wise	1981
4	UnitedHealthcare (5) 185 Asylum St. Hartford, CT 06103 800-899-7658 www.uhc.com	482,000	21,200	700	N/A (6)	1,500 3,400	Stephen Farrell	1993
5	Aetna Inc. 151 Farmington Ave. Hartford, CT 06156 860-273-0123 www.aetna.com	399,097	14,211	701	223,318	1,675 3,826	Mark T. Bertolini	1853
6	Harvard Pilgrim Health Care 185 Asylum St. Hartford, CT 06103 860-757-6860 www.harvardpilgrim.org	24,557	12,000	1,078	N/A	N/A N/A	Jason Madrak	2014
7	Ameritas Spirit Dental & Vision (7) 55 E. 5th St., Suite 500 Saint Paul, MN 55101 800-620-5010 www.spiritedental.com	N/A	N/A	N/A	786 (8)	4,449 839	Tom Mayer	2013
8	Renaissance (Denali Dental) 55 E. 5th St., Suite 500 Saint Paul, MN 55101 800-620-5010 denalidental.com	N/A	N/A	N/A	1,706	1,186 3,023	Tom Mayer	2012

Source: Each company and their websites, State Department of Insurance. Note: N/A = Not available or not applicable; Bloomfield's Cigna Corp. declined to participate in the survey. Several companies did not respond to the survey or chose not to participate including Celtic Insurance Co., Trustmark Cos., and Time Insurance Co. (DBA Assurant Health).

(1) Licensed Doctor of Dental Surgery (DDS).

(2) 5,947 access points or 2,433 unique dentists.

(3) Data was taken from the Consumer Report Card on Health Insurance Carriers in Connecticut published Oct. 2015 by the Connecticut Insurance Department. Data is from the end of 2014.

(4) Includes 170,907 members through ConnectiCare's subsidiary, Care Management Solutions Inc.

(5) Oxford and Golden Rule health insurance companies are brands under the UnitedHealthcare umbrella.

(6) Several dental plan options are available.

(7) Security Life Insurance Co. of America was acquired by Ameritas in April 2016.

(8) Spirit Dental features \$3,500 annual maximums with no waiting periods and the choice of any dentist for individuals, seniors and small employers down to two enrolled.

—Compiled by Stephanie R. Meagher.



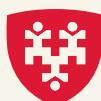
COUNT US IN.SM



PEOPLE OVER PROFITS. IT'S MORE REWARDING THAT WAY.

Harvard Pilgrim's wide-ranging health benefits and services have always had one thing in common: you. Your unique benefits. Your version of healthy. As a not-for-profit health plan, we're not looking for higher profits; we're looking to provide access to higher-value and higher-quality health care across Connecticut and beyond. After more than 45 years serving New England, you can count on us to make your well-being our top priority.

To learn more, call your broker or visit harvardpilgrim.org/Connecticut



Harvard Pilgrim
Health Care

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, and HPHC Insurance Company.

Hearing centers in Greater Hartford

(Ranked by number of locations)

Rank	Center	No. of locations	Location, phone number	Services	Head of center	Year founded
1	Hearing & Balance Centers at Hartford HealthCare 85 Seymour St., Suite 318 Hartford, CT 06106 860-696-2690; hartfordhospital.org	5	Enfield, 860-696-2690 Farmington, 860-696-2690 Glastonbury, 860-696-2690 Hartford, 860-972-4478 West Hartford, 860-493-1950	Audiology, balance testing, inner-ear balance testing and access to other medical specialties such as neurology and neurosurgery when necessary	Marc Eisen Medical director	2009
2	ProHealth Hearing & Balance, a service of ProHealth Physicians 291 Queen St. Bristol, CT 06010 860-284-4940; ProHealthMD.com/HearingandBalance	3	Bristol, Farmington, Manchester, 860-284-4940	Hearing aids and assistive devices, cochlear implants, bone-conducted hearing systems, balance evaluations, noise and custom hearing protection and tinnitus	Ben Wycherly Medical director	N/A
3	UConn Health Hearing Aid Services 263 Farmington Ave. Farmington, CT 06030 860-679-2804; http://health.uconn.edu/otolaryngology/patient-care/hearing-aid-services	3	Farmington, 800-535-6232 Southington, 860-679-7692 Storrs, 860-486-2629	ABR, CAPD, tinnitus, and vestibular testing, hearing-aid evaluation and dispensing and aural rehabilitation services to all age groups (1)	Denis Lafreniere	1980 (2)
4	Hearing Improvement Center LLC 919 Silas Deane Highway Wethersfield, CT 06109 860-529-3443; hearingimprovementcenter.com	2	West Hartford, 860-561-2345 Wethersfield, 860-529-3443	Audiology, diagnostic services, hearing aids, ear molds and plugs	Alan Dumaine Audiologist & owner	1928
5	Starling Physicians Audiology Center (3) 292 West Main St. New Britain, CT 06052 860-224-2631; starlingphysicians.com	2 (4)	New Britain, 860-224-2631 Southington, 860-621-6761	Hearing exams and aids, treatment of hearing loss, ear noise and nerve pain, microsurgery and more	Kathryn Bialecki	N/A
6	Comprehensive Hearing Center LLC 415 Highland Ave., Route 10 Cheshire, CT 06410 203-272-4512; comprehensivehearing.com	1	Cheshire, 203-272-4512	Hearing aids, custom ear molds and diagnostic services	Jennifer Wallberg	2003
7	Feehan Hearing Center 22 Morgan Farms Drive South Windsor, CT 06074 860-644-7979; feehanhearingcenter.com	1	South Windsor, 860-644-7979	Audiometric evaluations and ear molds	Barbara Brant Feehan	N/A
8	Hearing Health & Wellness Center LLC 710 Main St. Plantsville, CT 06479 860-426-9181; hearinghealthct.com	1	Plantsville, 860-426-9181 Home care available within Bristol, Plainville and Southington	Hearing evaluations, diagnosis, video otoscope, tympanometry and acoustic reflex testing, digital hearing instruments and OpenEar hearing devices	Linda Vasile Owner	N/A
9	Center for Better Hearing LLC 160 West St., Building 1, Suite B Cromwell, CT 06416 860-632-5003; centerforbetterhearing.com	1 (5)	Cromwell, 860-632-5003	Hearing-aid evaluation, fitting and repair; cerumen removal, ear molds and plugs, live speech mapping, cellphone accessories and bluetooth hearing aids	Sarah Proulx Director	N/A
10	County Hearing and Balance 198 S. Main St. Middletown, CT 06457 860-301-9984; countyhearingandbalance.com	1 (6)	Middletown, 860-301-9984	Audiology and hearing aid services with participation in most insurance plans and processing of hearing-aid benefits	Jeffrey Worgul Director	1976
11	Gaylord Hearing Center 50 Gaylord Farm Road Wallingford, CT 06492 203-284-2880; gaylord.org	1	Wallingford, 203-284-2880	Hearing evaluations, hearing-aid technology, evaluations for hearing aids to help manage tinnitus and free counseling for patients and families	Lori Charette Head audiologist	N/A
12	The Hearing Center of Glastonbury 799 Hebron Ave. Glastonbury, CT 06033 860-266-4215; hearingcenterofglastonbury.com	1	Glastonbury, 860-266-4215	Audiology, hearing tests, hearing aids and tinnitus treatment	Anne Kessler	2001

Source: Each center via survey and Connecticut Academy of Audiology. Note: Manchester Hearing Center of South Windsor declined to participate in the survey. N/A = Not available.

(1) ABR = Auditory brainstem response; CAPD = Central auditory processing disorder.

(2) Storrs location established 1959.

(3) Formerly Grove Hill Medical Center.

(4) CT Balance Center also in New Britain.

(5) An additional office in Westbrook.

(6) Five additional locations in Groton, Madison, Norwich, Old Saybrook and Waterford.

—Compiled by Stephanie R. Meagher.

Homecare providers in Greater Hartford

(Ranked by no. of clients as of Sept. 2016)

Homecare services

Rank	Provider	No. of clients/ No. of FTE employees	RN care/ LPN care	Skilled nursing	Physical therapy	Occupational therapy	Speech therapy	Pain management	Hospice & palliative care	Social worker	Homemaking	Errands	Other services	Top executive	Year founded
1	Hartford HealthCare at Home (2) 1290 Silas Deane Highway, Suite 4B Wethersfield, CT 06109 860-249-4862; hhcatthome.org	19,265 944 (3)	Y Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Home nursing, rehabilitation, hospice, and non-medical private-duty services through Independence at Home program	Michael Socio Executive director	1901
2	Masonicare Partners a partnership with St. Francis Hospital 111 Founders Plaza, Suite 200 East Hartford, CT 06108 860-528-2273; masonicare.org	4,536 200	Y Y	Y	Y	Y	Y	Y	Y	Y	N	N	Home nursing, rehabilitation, hospice, non-medical private-duty services, tele-monitoring, wound and ostomy care	Jennifer Rich Director	1930
3	Visiting Nurse & Health Services of CT 8 Keynote Drive Vernon, CT 06066 860-872-9163; echn.org/visiting-nurse-and-health-services	3,500 172	Y Y	Y	Y	Y	Y	N	Y	Y	Y	Y	Wound, ostomy, telehealth, Meals on Wheels, non-medical services from A Caring Hand include 24-hour live-in, personal-care attendants, homemakers and companions and LifeLine	Todd Rose President & CEO	1913
4	Companions and Homemakers 88 Hazard Ave., Enfield 06082, 860-745-4663; 100 Western Blvd., Glastonbury 06033, 860-657-4166; 613 New Britain Ave., Farmington 06032, 860-677-4948; companionsandhomemakers.com	3,500 100	N N	N	N	N	N	N	Y	N	Y	Y	Personal-care assistance, live-in companion, transportation and pet assistance	Linda Grigerek Founder	1990
5	McLean Home Care And Hospice 75 Great Pond Road Simsbury, CT 06070 860-658-3950; mcleancare.org	1,030 36	Y Y	Y	Y	N	N	Y	Y	Y	N	N	Joint rehabilitation, living with heart failure, breathe easy for COPD, fall prevention, dementia care, LifeLine emergency response system, stroke rehabilitation, wound care, tele-monitoring, IV management and hospice	David Bordonaro President	1985
6	Bristol Hospital Home Care 222 Main St. Bristol, CT 06010 860-585-4752; bristolhospital.org	955 45	Y N	Y	Y	Y	Y	Y	Y	Y	N	N	Cardiac, wound and ostomy care, palliative care and chronic disease management	Kurt Barwis President & CEO	1921
7	Middlesex Hospital Homecare 770 Saybrook Road Middletown, CT 06457 860-358-5600; middlesexhospital.org/locations/middlesex-hospital-homecare-visiting-nurses	600 104	Y Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Tele-monitoring	Debra Healey Executive director	1900
8	Nursing Services Inc. 21 High St. East Hartford, CT 06118 860-568-8881; nursingservicesinc.com	250 13	Y Y	Y	Y	Y	N	N	N	N	Y	Y	Home-health aids, personal-care attendants and companions	Linda Tucker CEO & founder (4)	1980
9	Always Best Care Senior Services of Central Connecticut Inc. 135 Center St. Manchester, CT 06040 860-533-9343; www.abccentralct.com	135 105	N N	N	N	N	N	N	N	N	Y	Y	Bathing, dressing, meal prep, medication reminders, transfers, dementia care and companionship	Kristine Lajeunesse President & owner	2009
10	JFS Care At Home 333 Bloomfield Ave. Suite A West Hartford, CT 06117 860-233-4470; www.jfscareathome.org	45 45	N N	N	N	N	N	N	N	Y	Y	Y	Personal-care assistants and engagement specialists	Patricia Kiely Director	2008
11	Friends for Friends 65 Connecticut Blvd. East Hartford, CT 06108 860-289-3000; homecareinct.com	40 100	N N	N	N	N	N	N	N	N	Y	N	CNAs and HHAs assist with all activities of daily living, non-medical homemaker and companion services	Carl Montgomery President	2002
12	Marcia Loving Care 23 Bidwell St. East Hartford, CT 06108 860-461-0556; marcialovingcarehomecare.com	20 30	N N	N	N	N	N	N	Y	N	N	N	Companionship, dementia and Alzheimer's, respite care, meal preparation, mobility assistance, transportation, medical appointments, individualized service plans and more	Marcia Thompson Manager & owner	2015
13	Hercules Helping Hands 750 Main St. Hartford, CT 06106 860-247-0201; herculeshelpinghands.com	20 10	Y Y	N	N	N	N	Y	Y	N	Y	Y	Personal-care services	Meschac Hercules Owner & CEO	2013

Source: Each provider via survey, Medicare.gov and Connecticut Association for Healthcare at Home.
(1) It is common in home care to have per-diem employees. These are staff who are not FTE but are a critical part of day, weekend and/or evening coverage. They receive all the orientation, precepting and quality expectations of full-time staff. It's especially appealing to nurses with young children who want to work around their family's schedule and don't need benefits, as well as to semi-retired nurses who want to keep providing care but not full time. This metric may not contain apples-to-apples comparisons among providers and will be reworked in a future edition.

(2) Includes the former VNA HealthCare and VNA East as well as five branch offices.

(3) An additional 57 volunteers.

(4) Co-owned by Melissa Roming (Administrator & QI director), Yvette Roming (COO) and Larry Tucker (CFO).

—Compiled by Brendan Sullivan.

Largest hospitals in Greater Hartford

(Ranked by total number of FTE employees as of September 2016)

Rank	Hospital	FTE employees	Licensed beds	2015 discharges	2015 total net patient revenue	Head of hospital	Year founded
1	Hartford Hospital (1) 80 Seymour St. Hartford, CT 06102 860-545-5000; www.hartfordhospital.org	6,625	867	43,350	\$980,435,000	Stuart Markowitz Senior VP, Hartford HealthCare President, Hartford Region	1854
2	St. Francis Hospital and Medical Center (2) 114 Woodland St. Hartford, CT 06105 860-714-4000; www.stfranciscare.com	5,526	617	31,597	\$649,231,568	John F. Rodis President	1897
3	Connecticut Children's Medical Center 282 Washington St. Hartford, CT 06106 860-545-9000; www.connecticutchildrens.org	2,463	187	N/A	\$293,034,805	James E. Shmerling President & CEO	1996
4	The Hospital of Central Connecticut (1) 100 Grand St. New Britain, CT 06050 860-224-5011; www.thocc.org	2,159 (3)	446 (4)	15,230	\$339,151,859	Lucille Janatka Senior VP, Hartford HealthCare President, Central Region	1893
5	Middlesex Hospital 28 Crescent St. Middletown, CT 06457 860-358-6000; www.middlesexhospital.org	2,109	275	11,230 (5)	\$357,637,000	Vincent G. Capece Jr. President & CEO	1904
6	UConn's John Dempsey Hospital 263 Farmington Ave. Farmington, CT 06030 860-679-2000; health.uchc.edu	1,444	234	8,946	\$337,300,171	Anne Diamond CEO	1975
7	Bristol Hospital and Health Care Group Brewster Road Bristol, CT 06011 860-585-3000; www.bristolhospital.org	1,151	154	N/A	\$133,327,930	Kurt A. Barwis President & CEO	1921
8	Manchester Memorial Hospital (6) 71 Haynes St. Manchester, CT 06040 860-646-1222; www.echn.org	998	249	8,806	\$176,292,453	Michael Collins (7) Interim CEO	1920
9	MidState Medical Center (1) 435 Lewis Ave. Meriden, CT 06451 203-694-8200; www.midstatemedical.org	991 (8)	156 (4)	9,208	\$212,391,809	Lucille Janatka Senior VP, Hartford HealthCare President, Central Region	1998
10	Hospital for Special Care 2150 Corbin Ave. New Britain, CT 06053 860-223-2761; www.hfsc.org	796	228	612	\$93,406,172	Lynn Ricci President & CEO	1941
11	Johnson Memorial Medical Center (9) 201 Chestnut Hill Road Stafford Springs, CT 06076 860-684-4251; www.jmmc.com	678	92	33,018	\$65,387,734	Stuart E. Rosenberg President	1912
12	Windham Hospital (1) 112 Mansfield Ave. Willimantic, CT 06226 860-456-9116; www.windhamhospital.org	525	144	2,901	\$77,602,000	Bimal Patel Senior VP, Hartford HealthCare President, East Region	1933
13	Rockville General Hospital (6) 31 Union St. Vernon, CT 06066 860-646-1222; www.echn.org	284	102	2,112	\$63,002,481	Michael Collins (7) Interim CEO	1921
14	Mount Sinai Rehabilitation Hospital (2) 490 Blue Hills Ave. Hartford, CT 06112 860-714-3500; www.stfranciscare.com	180	60	870	\$42,266,096	Robert J. Krug President	1923

Source: Each hospital via survey. Note: FTE=Full-time equivalent, which is a 40-hour work week; N/A = Not available.

(1) Part of Hartford Healthcare system.

(2) Part of Trinity Health New England.

(3) There are an additional 302 volunteers.

(4) Includes bassinets.

(5) Figure as of May 14, 2015.

(6) Part of Eastern Connecticut Health Network.

(7) Michael Collins was named interim CEO of Eastern Connecticut Health Network in Oct. 2016, replacing former president and CEO Peter Karl, who resigned effective Sept. 30, for health reasons.

(8) There are an additional 218 volunteers.

(9) Part of Trinity Health New England.

—Compiled by Stephanie R. Meagher.

Medical equipment retailers in Greater Hartford

(Ranked by number of local employees as of Aug. 2016)

Rank	Retailer	No. of local employees	Products and services	Head of company	Year founded
1	Med-Caire Inc. 5 Gerber Blvd. Vernon, CT 06066 800-544-8559; medcaire.com	20	Oscillation vests, oxygen systems, CPAP/BiPAP, stationary and portable suction pumps, nebulizers, ventilators, scooters, lift chairs, walkers, wheelchairs, canes, crutches, shower chairs, hospital beds, catheters, incontinence products and blood pressure kits (1)	Eric Czarnecki President	1981
2	J & L Medical Services 640 Silas Deane Highway Wethersfield, CT 06109 860-436-4629; jandlmedical.com	18	Bed rails, raised toilet seats, tub benches, CPAC machines for sleep apnea, lift chairs and more	John Loyer President	2003
3	Advanced Medical Supplies 43 South Main St. West Hartford, CT 06117 860-523-1076; ctadvancedhomemedical.com	15	Chair seats, ambulatory aids, support stockings, wheelchairs, stethoscopes, hospital beds, wheelchair ramps, blood pressure monitors, scooters, wheelchairs, incontinence products, ostomy bags and accessories, wheelchair trays, orthopedics and wound-care supplies	Sandy Cohen	1988
4	NEAT Equipment Restoration Center at Oak Hill (2) 33 Coventry St. Hartford, CT 06112 860-286-3106; oakhillct.org/NEAT-Center	14	Repair, cleaning and reselling of donated durable medical and adaptive equipment at a significant discount including wheelchairs, scooters, standers, commodes, hospital beds, canes and lift recliners	Barry Simon President & CEO	2000
5	Evis Medical Equipment 141 South St. West Hartford, CT 06110 860-296-3565; www.evismedical.com	13	Medical equipment, oxygen, wheelchair and hospital beds	Gisella Moncayo CEO	1990
6	MT Medical LLC 208 Park Road West Hartford, CT 06119 860-232-1868; comfortfootwearetc.com	8	Medical and hospital equipment and supplies, comfort footwear and custom foot orthotics	Ilya Tsvok Owner	2000
7	Harvest Medical 461 North Main St. Southington, CT 06489 860-621-9166; harvestmedical.net	6	Wheelchairs, walkers, hospital beds, commodes, lift chairs, braces, wraps, supports, surgical supplies, TENS units, compression stockings and garments	Robert Soutter President	1986
8	Ellsworth Medical 540 Windsor Ave. Windsor, CT 06095 860-298-9333; www.ellsmed.com	5	Hospital beds, diagnostic equipment, medical clothing, medical uniforms, walkers, wheelchairs and bathroom accessibility equipment	Margaret Cosker Owner	2004
9	A2Z Home Medical Supplies 63 Hebron Ave. Glastonbury, CT 06033 860-633-1882; N/A	4	Home medical supplies	Maureen McGrath	2007
10	American Medical Supply 7 Liberty Drive Hebron, CT 06248 860-228-0606; americaremedicalsupply.net	3	Medical beds, portable ramps, scooters, power lift chairs, lift recliners, beds, chairs, bath benches and walkers	Scot Kauffman Owner	1999
11	Splinting Solutions LLC 800 Silver Lane # 210 East Hartford, CT 06118 860-589-9380; N/A	1	Artificial limbs	Judy Sheehan Owner	2003

Source: Each retailer via survey. Note: N/A = Not available.

(1) Delivery service available.

(2) NEAT stands for New England Assistive Technology.

—Compiled by Brendan Sullivan.

Medical marijuana dispensaries in Connecticut

(Ranked by number of pharmacists as of Aug. 2016)

Rank	Dispensary	No. of pharmacists/ Highest credential on staff	Other health services offered	Head of dispensary	Year founded
1	Arrow Alternative Care Inc. - Hartford 92 Weston St., Unit #16 Hartford, CT 06120 860-231-7050; www.arrowalternativecare.com	8 PharmD	Medication therapy management, specialty pharmacy, immunizations, HIV specialist on-staff and education services at CannaEd.org	Angelo DeFazio President & CEO	2014
2	Thames Valley Alternative Relief 1100 Norwich-New London Turnpike Uncasville, CT 06382 860-848-0865; www.thamesvalleyrelief.com	5 R.Ph	N/A	Laurie Zrenda Dispensary manager	2014
2	The Healing Corner Inc. 159 East Main St. Bristol, CT 06010 860-583-4325; thehealingcorner.com	5 PharmD	N/A	David Slomski, Dispensary manager Geri Ann Bradley, Founder & owner	2014
4	Prime Wellness of Connecticut LLC 75 John Fitch Blvd. South Windsor, CT 06074 800-263-8557; www.primewellnessofct.com	4 R.Ph	Active partnerships with several alternative-therapy providers including yoga, reiki and chiropractic services	Tom Nicholas, CEO Algis Domeika, Dispensary manager	2013
4	Bluepoint Wellness of Connecticut 469 East Main St. Brantford, CT 06405 203-488-1388; bluepointwellnessct.com	4 PharmD	N/A	Nick Tamborrino Manager	2014
4	Compassionate Care Center of Connecticut D&B Wellness LLC 4 Garella Road Bethel, CT 06801 203-909-6869; www.CCC-CT.com	4 R.Ph	Nutritional counseling, yoga, reiki, massage and meditation	Brian Essenter, Manager Angela D'Amico, Owner	2014
7	Arrow Alternative Care Inc. - Milford 255 West River St. Milford, CT 06461 203-874-4673; www.arrowalternativecare.com	3 PharmD	Pediatric epilepsy services, medication therapy management, specialty pharmacy, immunizations, HIV specialist on-staff and education services at CannaEd.org	Angelo DeFazio President & CEO	2016 (1)
8	Caring Nature LLC 237 East Aurora St. Waterbury, CT 06708 203-437-8477; caringnaturedispensary.com	2 R.Ph	N/A	David Sullivan Dispensary manager	2016 (2)

Source: Each dispensary via survey and Connecticut Department of Consumer Protection. Notes: Southern CT Wellness & Healing is slated to open a new dispensary at 318 New Haven Ave. in Milford. N/A = Not applicable or not available.

(1) Dispensary opened October 2016.

(2) Dispensary opened July 2016.

—Compiled by Stephanie R. Meagher.

Oral & maxillofacial surgery centers in Greater Hartford

(Ranked by number of board-certified surgeons as of Sept. 2016)

Rank	Center	No. of board-certified surgeons/ No. of employees	Practitioner(s)	Hospital affiliation	Services offered/ Specialty equipment	Year founded
1	Central Connecticut Oral & Maxillofacial & Implant Surgery PC 836 Farmington Ave., Suite 223 West Hartford, CT 06119 860-586-8507; westhartfordoralsurgeon.com	2 12	Joseph R. Howard, DDS	None	Wisdom tooth removal, corrective jaw surgery, dental implant and bone grafting procedures 3D ConeBeam X-ray	2010
2	Dr. Stephen J. Bosco DMD 1 Lake St. Suite 101 New Britain, CT 06052 860-223-8107; N/A	1 4	Dr. Stephen J. Bosco, DMD	St. Francis Hospital and Medical Center	Cosmetic dentistry, dental implants, removal of teeth, impacted canines and orthognathic jaw surgery N/A	1985
3	David B. Bernard DDS 33 Lexington St. New Britain, CT 06052 860-229-3084; davidbbernarddds.com	1 3	David B. Bernard, DDS	None	Dental implants, fillings, bonding, oral cancer screenings, sealants, root canal treatments, porcelain veneers, dentures and tooth extractions Digital X-rays and intra-oral camera	1980

Source: Each center via survey and American Association of Oral and Maxillofacial Surgeons. Notes: DDS = Doctor of Dental Surgery; DMD = Doctor of Medicine in Dentistry; N/A = Not available.

—Compiled by Brendan Sullivan.

Addiction treatment centers in Greater Hartford

(Ranked by number of medically licensed professionals as of Sept. 2016)

Rank	Center	No. of medically licensed professionals/ No. of employees	Types of addiction treated	Treatment programs							Head of facility/ Year founded
				Medical detox	Residential treatment	Rehabilitation	12-step recovery	Therapeutic communities	Family counseling	Individual counseling	
1	Institute of Living (1) 200 Retreat Ave. Hartford, CT 06106 860-545-7200; instituteofliving.org	225 N/A	Substance use and other addiction disorders	Y	N	N	Y	N	Y	Y	Addiction recovery for young adults and professionals, inpatient, outpatient and partial-hospitalization programs Harold Schwartz 1822 (2)
2	Behavioral Health Group at St. Francis 675 Tower Ave., Suite 301 Hartford, CT 06112 860-714-2750; stfrancis.org	65 170	Substance use disorders and co-occurring psychiatric and substance use disorders	Y	Y	Y	Y	Y	Y	Y	Depression, anxiety, PTSD, schizophrenia, ADHD, phobia and smoking cessation Irfan Munawar N/A
3	Community Mental Health Affiliates (CMHA) 270 John Downey Drive New Britain, CT 06051 860-826-1358; cmhacc.org	62 325	Substance use disorders	N	Y	Y	Y	Y	Y	Y	Mental health and substance abuse Raymond Gorman 1975
4	Community Health Resources 995 Day Hill Road Windsor, CT 06095 860-697-3342; chrhealth.org	35 700	Substance use disorders	Y	Y	Y	Y	Y	Y	Y	Mental health, substance use, child welfare, supported housing, employment, foster care, prevention and wellness services Heather Gates 1966
5	Wheeler Clinic Inc. 91 Northwest Drive Plainville, CT 06062 860-793-3500; wheelerclinic.org	26 970	Alcohol, opiate and other drug addiction as well as problem gambling and co-occurring disorders	N	N	Y	N	Y	Y	Y	Depression, anxiety, anger management, domestic violence, grief and loss and other mental health issues; intensive in-home family services for adolescents; medication-assisted treatment for opioid and alcohol abuse includes extended-release injectable naltrexone or buprenorphine; Latino services and LifeLine for women Susan Walkama 1968
6	Natchaug Hospital 189 Storrs Road Mansfield Center, CT 06250 860-456-1311; natchaug.org	25 570	Alcohol, narcotics and gambling	Y	N	N	Y	N	N	N	Psychiatric and dual-diagnosis treatment, partial hospital day programs and intensive outpatient programs Patricia Rehmer N/A
7	InterCommunity Inc. (3) 500 Blue Hills Ave. Hartford, CT 06112 860-714-3701 (4); intercommunityct.org	25 325	Alcohol and opiates	Y	Y	Y	Y	Y	Y	Y	Immediate access to primary care services, coordination and referrals for mental health care, transportation to appointments, arrangements for continuing recovery treatment, on-site AA and NA meetings, individual and group counseling daily Kimberly Beauregard 1973
8	Rushford at Meriden (5) 883 Paddock Ave. Meriden, CT 06450 203-630-5280; rushford.org	19 398	Alcohol and narcotics	Y	Y	N	Y	N	Y	Y	Inpatient, outpatient and partial-hospitalization programs Patricia Rehmer N/A
9	Eastern Connecticut Health Network 150 North Main St. Manchester, CT 06042 860-533-3434; echn.org/behavioral-health-services	3 25	Co-occurring disorders, opioid, alcohol, cocaine, marijuana, hallucinogens and other substances, gambling and other behavioral addictions	N	N	N	Y	N	Y	Y	Medication-assisted treatment including Suboxone for opioid addiction, urine toxicology, breathalyzer testing and coordination of care with referral sources Ann Turkingon 1995
10	Bristol Hospital Counseling Center 420 N. Main St. Bristol, CT 06010 860-583-5858; bristolhospital.org/Services/Behavioral-Health-Services/Counseling-Center.aspx	N/A N/A	Substance and chemical abuse	Y	N	Y	Y	Y	Y	Y	N/A Kurt Barwis 1960

continues on page 32

Behavioral health centers in Greater Hartford

(Ranked by number of licensed mental health professionals as of Sept. 2016)

Rank	Center	No. of licensed mental health professionals/ No. of patients served in 2015	No. of locations/ Location: city, phone number	Behavioral health treated/ Services offered	Year Head of center founded
1	Wheeler Clinic Inc. 91 Northwest Drive Plainville, CT 06062 888-793-3500; wheelerclinic.org	262 22,000	5 Bristol, Hartford, Middletown, New Britain, Plainville, 888-793-3500 (1)	Anxiety, depression, victims of sexual abuse, self-harming and problem sexual behaviors, marital difficulties, mental illness, co-occurring disorders, anger management, substance abuse and gambling Gender-specific, trauma-informed care through outpatient, intensive outpatient and extended-day treatment; individual and family therapy, targeted group-therapy, medication management and medication-assisted treatment integrated with primary care services for children, adolescents and adults	Susan Walkama 1968
2	Institute of Living (2) 200 Retreat Ave. Hartford, CT 06106 860-545-7000; instituteofliving.org	225 54,373 (3)	1 Olin Neuropsychiatry Research Center, Family Resource Center, Anxiety Disorders Center, Center for Cognitive Behavioral Therapy, The Braceland Center for Memory & Aging, The Burlingame Center for Psychiatric Research & Education, Assessment Center, 860-545-7200 (4)	Anxiety, eating, memory, mood, peripartum mood and psychiatric disorders and schizophrenia Dialectical behavioral therapy, LGBTQ track programs, Grace Webb Clinical Day School, geriatric services, ECT transcranial magnetic stimulation; all ages, inpatient, outpatient and partial-hospitalization	Harold Schwartz Vice president 1822 (5)
3	Community Health Resources 995 Day Hill Road Windsor, CT 06095 860-697-3342; chrhealth.org	188 22,070	7 Bloomfield, 860-243-6584 Enfield, 860-253-5020 Hartford, 860-697-3342 Manchester, 860-646-3888 Mansfield, 860-456-0038 Middletown, 860-894-2399 Willimantic, 860-456-3215 (6)	Mental health, substance use and child welfare Supported housing, employment, foster care, prevention and wellness services	Heather Gates President & CEO 1966
4	Eastern Connecticut Health Network (7) 150 North Main St. Manchester, CT 06040 860-647-6800; echn.org/behavioral-health-services	65 (8) 15,000	3 Manchester(2), Rockville, 860-647-6800	Psychiatric disorders, eating disorders, substance abuse, child and adolescent disorders Inpatient, day and evening partial hospital treatment programs and outpatient services, vocational training, crisis management and adolescent clinical day school	Osman Qureshi Chairman 1981
5	Behavioral Health Group at St. Francis 675 Tower Ave., Suite 301 Hartford, CT 06112 860-714-2750; stfrancis.org	65 3,500 (9)	4 Enfield, 860-714-2750 Glastonbury, 860-714-2750 Hartford, 860-714-2750 Simsbury, 860-251-6474	Depression, anxiety, PTSD, schizophrenia, ADHD, phobia and smoking cessation Detoxification, individualized therapy, group therapy, family therapy and medication management (10)	Irfan Munawar Head of facility N/A
6	Community Mental Health Affiliates (CMHA) 270 John Downey Drive New Britain, CT 06051 860-826-1358; cmhacc.org	62 6,500	10 (11) New Britain (12)	Mental health and substance abuse Clinical services, rehabilitation, vocational, residential, supported housing and jail diversion, case management, child and family services, motivational enhancement therapy, trauma sensitive programming and more	Raymond Gorman President & CEO 1975
7	InterCommunity Inc. 281 Main St. East Hartford, CT 06118 860-569-5900; intercommunityct.org	25 8,500	2 East Hartford, 860-569-5900 Hartford, 860-714-3704	Help for children and adults struggling in school, experiencing a loss, coping with recent or past trauma, responding to a major medical crisis, learning how to manage and cope with mental health or alcohol or drug abuse issues Individual and group counseling/therapy, medication assessment and management, children and family services, diagnostic evaluations and crisis stabilization, community support and independent-living skills training, intensive outpatient services, social rehabilitation, employment assistance and Latino services	Kimberly Beauregard President & CEO 1977
8	Natchaug Hospital 189 Storrs Road Mansfield Center, CT 06250 860-456-1311 or 800-426-7792; natchaug.org	25 8,000	6 (13) See footnote (14)	Attention deficit hyperactivity and autism spectrum disorder, psychiatric and psychological conditions and addiction treatment Evaluations, psychiatric and psychological services for all ages, inpatient, outpatient, residential, partial hospitalization; in-home child and adolescent psychiatric services; community programs include Positive Parenting, NAMI family support, PDD and Autism Support, residential treatment for court-involved teenage girls, clinical day treatment schools and ambulatory services	Patricia Rehmer President 1954
9	UConn Health Adult Outpatient Clinic 10 Talcott Notch Road Farmington, CT 06030 860-679-6700; health.uconn.edu/psychiatry	24 2,500 (15)	1 Farmington, 860-679-6700	Various psychiatric disorders Medication evaluation and management, individual, family, and group psychotherapy, electroconvulsive therapy, geriatric mental health, Huntington's disease program and neuropsychological testing	David Steffens Chair N/A
10	Rushford (16) 883 Paddock Ave. Meriden, CT 06450 203-630-5356; rushford.org	19 N/A	7 Avon, 877-577-3233 Cheshire, 877-577-3233 Durham (Stonegate & Stonegate Academy), 877-577-3233 Glastonbury, 877-577-3233 Middletown, 877-577-3233 Portland (Stonehaven), 877-577-3233	Mental health and addiction Inpatient, outpatient and partial-hospitalization programs	Patricia Rehmer Senior VP N/A
11	Middlesex Hospital Behavioral Health Outpatient Center (Adult Program) 80 South Main St. Middletown, CT 06457 860-358-8760; N/A	15 2,467	1 Middletown, 860-358-8760	Adult mental health with dual diagnosis Medical management and individual and group therapy, family advocacy program for minors	Terri DiPietro Director 1965

continues on page 34

Behavioral health centers in Greater Hartford

(Ranked by number of licensed mental health professionals as of Sept. 2016)

Rank	Center	No. of licensed mental health professionals/ No. of patients served in 2015	No. of locations/ Location: city, phone number	Behavioral health treated/ Services offered	Head of center	Year founded
12	UConn Health Child & Adolescent Outpatient Clinic 65 Kane St. West Hartford, CT 06119 860-523-3745; health.uconn.edu/ psychiatry	13 N/A (17)	1 West Hartford, 860-523-3745	Behavioral health difficulties and early onset psychiatric disorders from 4 to 17 years old and their families Anxiety and mood program, trauma clinic, depression education and homecare program	Geraldine Pearson Director	N/A
13	Center for Relationship & Sexuality Education at Oak Hill 120 Holcomb St. Hartford, CT 06112 860-242-2274; oakhillct.org	1 25	1 Hartford, 860-242-2274	Multi-session individual or group therapy with an expert clinician who specializes in working with youth with disabilities who have experienced sexual abuse, youth sex education and counseling for people with I/DD Therapy, education, professional development and materials purchase	Laura Rozza Coordinator	1995
14	Bristol Hospital Counseling Center 420 N. Main St. Bristol, CT 06010 860-583-5858; bristolhospital.org/ Services/Behavioral-Health-Services/ Counseling-Center.aspx	N/A N/A	N/A N/A	Medication evaluation and management, chemical dependency program and day treatment programs Outpatient services for groups, individuals and families	Kurt Barwis President & CEO	1960

Source: Each facility via survey and CT Department of Mental Health and Addiction Services.

(1) Three additional locations in New Haven, New London and Waterbury. (2) A division of Hartford HealthCare. (3) Approximate number of patient visits. (4) All locations are part of 35-acre campus at 200 Retreat Ave., Hartford. (5) First hospital of its kind in Connecticut. (6) Additional locations in Danielson, Norwich and Putnam. (7) Includes adult ambulatory behavioral health, Manchester Memorial and Rockville General hospitals. (8) Includes more than 15 licensed psychiatrists and 50 licensed clinicians. (9) 28,000 patient visits. (10) Detoxification services at 8-West Acute Behavioral Inpatient Unit's 24-bed facility. (11) Two additional locations in Torrington and Waterbury. (12) Child and Family Services, 860-223-2778; Adult Outpatient, 860-224-8192; Community Support/Recovery Pathways, Family Based Recovery, Jail Diversion Program, Next Steps/Supported, Housing/Employment, Substance Abuse Action Council, 860-826-1358; Psychosocial Rehabilitation, 860-826-5383; Assertive Community Treatment Team, 860-229-4850; Transitional Living Center, 860-229-4840; Parkview 5, 860-223-1922; Intensive Assertive Community Treatment Team, 860-224-2044; Transitional Youth Program, 860-224-8880; Pleasant House Women's Residential Program, 860-348-2319. (13) Additional locations at Hickory School in New London, Care Plus in Groton, Quinebaug Center in Dayville and Joshua Centers in Norwich, Groton, Old Saybrook and Danielson. (14) Journey House, Mansfield Center, 860-696-9871; RiverEast, Vernon, 860-870-0119; Sachem House and Mansfield Young Adult Programs, Mansfield Center, 860-465-5960; Windham Older Adult Program at Windham Hospital, Willimantic, 860-456-6793; Joshua Center, Enfield, 860-749-2243 and Mansfield, 860-465-5957. (15) Approximately 18,000 visits annually. (16) Part of Hartford HealthCare. (17) 40,000 total patient visits annually for both adult and child/adolescent services.

—Compiled by Stephanie R. Meagher.

Complete health care for who you are.



At Wheeler, your complete health is our priority, through a continuum of behavioral health, addiction and primary care services for your entire family. It's health care for the whole you. Learn more at WheelerClinic.org.

Wheeler
Innovative Care. Positive Change.

860.793.3500

PRIMARY CARE BEHAVIORAL HEALTH
ADDICTION WELLNESS



We Care.

Not every hospital excels at treating older adults. At the Hospital at Hebrew HealthCare, our team does nothing but take care of seniors. We admit patients directly to their rooms and welcome family members as part of the care team to insure that you feel better and get to go home and stay there. Because *we care*.

Hospital

 Hebrew
HealthCare

Assisted Living
Connecticut Geriatric Specialists
Dementia Care Services
Hoffman SummerWood Community
Hospital
Outpatient Rehabilitation
Senior Day Center

Call 860.213.2323 | www.hebrewhealthcare.org | West Hartford, CT

Outpatient physical therapy providers in Greater Hartford

(Ranked by number of FTE employees as of June 2016)

Rank	Provider	No. local FTE employees	No. of Greater Hartford locations	Services	Specialty equipment	Administrator	Year founded
1	Hartford HealthCare Rehabilitation Network 181 Patricia M. Genova Drive Newington, CT 06111 860-696-2500; HHCRehabNetwork.org	184 (1)	29 Avon, Berlin, Bloomfield, Enfield, Farmington, Glastonbury, Granby, Hartford, Manchester, Meriden, New Britain (3), Plainville, South Windsor, Southington, Storrs, Vernon, Wallingford, West Hartford (3), Wethersfield, Willimantic (2), Windsor, New Britain (Jerome Home), Newington (Jefferson House), Southington (Southington Care Center)	Oncology, lymphedema, movement disorders due to stroke and Parkinson's, sports medicine, concussion management and vestibular	Aquatic therapy, Korebalance and Balance Master, Bioness H200 and Bioness L300	Eric Smullen Executive director	1995 (2)
2	Select Physical Therapy/ NovaCare Rehabilitation 680 American Ave., 2nd Floor King of Prussia, PA 19406 800-331-8840; selectphysicaltherapy.com	100	29 Avon, Berlin, Bloomfield (2), Bristol, Colchester, Cromwell, Durham, East Granby, East Hartford, Ellington, Enfield, Farmington, Glastonbury, Manchester, New Britain (2), Newington, Plainville, Simsbury, South Windsor, Southington, Storrs, Tolland (2), Vernon, Wallingford, West Hartford, Windsor	Orthopedics, sports medicine, concussion management, hand therapy, vestibular, women's health	Aquatic therapy, industrial and pediatric specialty services	Mark Gombotz Vice president of operations, CT & MA	1996
3	Integrated Rehabilitation Services 435 Hartford Turnpike Vernon, CT 06066 860-870-8272; integrehab.com	72	9 Coventry, Ellington, Enfield, Manchester, South Windsor, Stafford, Suffield, Tolland, Vernon	Orthopedic physical therapy, vestibular rehab, Lymphedema, wellness, sports conditioning and athletic training	Mulligan, McKenzie, integrative dry needling, custom orthotics and golf performance enhancement	Julie Paolino Owner & managing partner	2001
4	Hospital for Special Care 2150 Corbin Ave. New Britain, CT 06053 860-223-2761; www.hfsc.org	61	1 New Britain	Physical and occupational therapy	N/A	Jason Jakubowski Vice president	1941
5	Middlesex Hospital Physical Therapy and Rehabilitation 6 Independence Drive, Suite 1 Marlborough, CT 06447 860-358-2700; middlesexhospital.org/locations/physical-rehabilitation-center	55	3 Marlborough, Middletown (2)	Physical, occupational and speech therapy; pulmonary rehab, pelvic health and incontinence, aquatic therapy, STAR certification for oncology rehabilitation, lymphedema treatment, McKenzie method, persistent pain program and hand therapy	Biodex balance systems, biofeedback and telles computer system for pelvic floor therapy and VisiPitch computer-assisted voice training system	Brian Taber Administrator	N/A
6	Physical Therapy & Sports Medicine Centers (3) 47 N. Main St. West Hartford, CT 06107 860-409-4595; ptsmc.com	42	7 Avon, Newington, Plainville, Southington, Wallingford, West Hartford, Windsor	Physical therapy, personal training and nutritional counseling	Aquatic therapy in Southington	Alan Balavender President	2000
7	ECHN Rehabilitation Services (4) 71 Haynes St. Manchester, CT 06040 860-533-3414; echn.org	34	6 Ellington, Glastonbury, Manchester, Rockville, South Windsor, Vernon	Physical, occupational and speech therapy, orthopedics and sports medicine; amputee, vestibular and oncology rehab; falls and balance, neurological rehab and hand therapy (5)	Mulligan, McKenzie, kinesio taping, lymphedema therapy, aquatic therapy, custom splints and orthotics	Dan DelGallo VP, Outpatient services	1963
8	UConn Health Outpatient Pavilion and Nayden Clinic 263 Farmington Ave. Farmington, CT 06030 860-679-3233; health.uconn.edu	19	3 Farmington(2), Storrs	Physical, occupational and speech therapy, orthopedics, spine, sports medicine, neuro rehab, oncology rehab, women's health including pelvic floor dysfunction	LTC lift/gain assist system for neurological conditions, amputation and general deconditioning; OPPO Biodex Balance system, Life Fitness and Sci Fit equipment	Morgan Hills Director	1975
9	ProHealth Physical Therapy 320 Western Blvd., Suite 105 Glastonbury, CT 06033 860-657-5955; ProHealthMD.com/ PhysicalTherapy	16 (6)	4 Glastonbury, Manchester, Middletown, West Hartford	Vestibular and balance disorders, spinal and orthopedic care, work-related injuries, post-surgical rehabilitation, pediatric and adolescent care, chronic pain and fibromyalgia	N/A	Rocco Urso Director	N/A
10	LIVE EVERY DAY 138 Hopmeadow St. Simsbury, CT 06089 860-413-2073; liveeveryday.org	16	2 Simsbury, Suffield	Orthopedics, foot and ankle specialists, pediatrics rehab, vestibular rehab, orthotic bracing, prosthetics, diabetes management	Loft area dedicated to pediatrics for infants, toddlers and children	Matt Calendrillo Co-founder	2007
11	Bristol Hospital Rehab Dynamics Brewster Road Bristol, CT 06011 860-585-3000; www.bristolhospital.org	14 (7)	4 Bristol (4)	Orthopedic rehab, sports medicine, vestibular therapy, aquatic therapy, hand therapy, back and neck pain, post-surgical rehab, spine care, women's health therapy	Pool and vestibular goggles	Elizabeth Warner, Administrator Chris Ann Meaney, VP	1921
12	Health & Wellness Centers of Enfield and Suffield 143 Hazard Ave. Enfield, CT 06082 860-763-2225; enfieldhealth.com	10	2 Enfield, Suffield	Physical therapy, chiropractic and musculoskeletal medical care in one-to-one setting	McKenzie therapy, Graston treatment, vestibular therapy, dry needling, lymphedema therapy and kinesiotaping	Kevin Sadowski Owner	2003
13	Physical Therapy and Massage of CT LLC 1001 Farmington Ave. Bristol, CT 06010 860-582-8024; ptandmassage.com	10	1 Bristol	Physical and massage therapy	N/A	Alice Pecora Owner	2002
14	Center For Physical Therapy And Wellness PC 693 Bloomfield Ave., Suite 201 Bloomfield, CT 06002 860-242-8427; centerforptandwellness.com	7	1 Bloomfield	40-minute treatment for neuro-musculo-skeletal issues and lymphedema, manual therapies and yoga	N/A	Angela LaBella Owner & president	2005
15	McLean Health Center 75 Great Pond Road Simsbury, CT 06070 860-658-3700; mcleancare.org	6	1 Simsbury	Orthopedic therapies, rehabilitation for joints, breast cancer and sports, vertigo and balance training, arthritis and osteoporosis, recovery-in-motion and low vision programs	Joint-sensitive equipment, warm-water-therapy pool and driver's assessment vehicle	David Bordonaro President	N/A

continues on page 36

Outpatient physical therapy providers in Greater Hartford

(Ranked by number of FTE employees as of June 2016)

Rank	Provider	No. local FTE employees	No. of Greater Hartford locations	Services	Specialty equipment	Administrator	Year founded
16	Advanced Therapy Solutions LLC 465 Silas Deane Highway Wethersfield, CT 06109 860-721-9999; advancedtherapysolutionsct.com	5	1 Wethersfield	Pediatric and adult occupational therapy, speech-language pathology and cranial sacral therapy	Vestibular-based and pediatric-specialty equipment	Marie Mancini-Oliveira Melissa Broxton Owners	2007
17	Gaylord Physical Therapy Orthopedics and Sports Medicine 1154 Highland Ave. Cheshire, CT 06410 203-679-3533; gaylord.org	4	1 Cheshire	Graston, pilates and dance medicine, temporomandibular disorders, mechanical traction, medical exercise therapy, selective functional movement and orthotic assessments	Aquatic therapy, Kinesio taping and dry needling	Jacob Hunter	2016 (8)

Source: Each provider via survey and provider websites. Note: Greater Hartford Physical Therapy PC/Livefit LLC declined to participate in the survey. FTE = Full-time equivalent.

(1) Total number of outpatient, FTE employees across Hartford HealthCare Rehabilitation Network.

(2) Name changed to Hartford HealthCare Rehabilitation Network in 2013.

(3) Part of ANB-PTSMa Holdings Inc.

(4) Part of Eastern Connecticut Health Network.

(5) Sports medicine includes golf fitness program and work conditioning; neurological rehabilitation includes Parkinson's LSVT BIG and LSVT LOUD.

(6) Figure only includes physical therapy clinicians, not administrative staff.

(7) 12 physical therapists and two occupational therapists including a certified hand therapist.

(8) Opened June 2016.

—Compiled by Stephanie R. Meagher.

Physician groups in Greater Hartford

(Ranked by number of physicians as of Sept. 2016)

Rank	Group	No. of physicians	Description	Chief executive	Year founded
1	St. Francis HealthCare Partners 95 Woodland St., 4th Floor Hartford, CT 06105 860-714-5606; saintfrancishealthcarepartners.org	704	Multi-specialty, shareholder-owned physician-hospital organization (PHO) serving independent and employed providers in the Greater Hartford area	Jess Kupec, President	1993
2	University Medical Group 263 Farmington Ave., Suite 130 Farmington, CT 06030 860-679-3372; N/A	432	Multi-specialty practice; outpatient services in primary care, OB/GYN, dermatology, oncology, orthopedics, ophthalmology and more; offices in Avon, Canton, East Hartford, Farmington, Plainville, Simsbury, Southington, Storrs and West Hartford	Denis Lafreniere	1970
3	Hartford HealthCare Medical Group 1290 Silas Deane Highway Wethersfield, CT 06109 860-545-7188; hartfordhealthcaremedicalgroup.org	280	Multi-specialty group with physicians in more than 30 specialties in 56 offices across central and eastern Connecticut	Vincent DiBattista, President	2013
4	Starling Physicians 2110 Silas Deane Highway Rocky Hill, CT 06067 860-258-3470; starlingphysicians.com	250	Physician-owned, multi-specialty group including 24 specialties and 28 locations	Michael Genovesi, CEO Jarrod Post, Chief medical officer	2016 (1)
5	ProHealth Physicians 3 Farm Glen Blvd. Farmington, CT 06032 855-286-3411; ProHealthMD.com	214 (2)	Internal medicine, pediatric, family practice and specialty-care professionals	Jack Reed, CEO	1997
6	Connecticut Children's Specialty Group 282 Washington St. Hartford, CT 06106 860-545-9000; www.connecticutchildrens.org	170	Multi-specialty, pediatric group-practice in over 20 pediatric specialty areas; physicians also serve as faculty members of the University of Connecticut School of Medicine	Christine Finck Juan Salazar, Physician chiefs	1996
7	Bristol Hospital Multi-Specialty Group 25 Newell Road, Suite D28 Bristol, CT 06010 860-585-1560; bristolhospital.org	65	Comprehensive care to the community through a variety of local practices at four locations	Kurt Barwis	2011
8	Middlesex Hospital Family Medicine Group (3) 90 South Main St. Middletown, CT 06457 860-358-6300; mhfamilymedicine.org	44 (4)	Primary care treatment in office, hospital, nursing home or home-care to children, pregnant women, adults and seniors in Middletown, Portland and East Hampton	Alan Douglass, CEO	1973
9	Middlesex Hospital Primary Care (5) 80 Shunpike Road, Suite 301 Cromwell, CT 06416 860-632-5570; mhprimarycare.org/contact-us	35 (6)	Network of primary-care practices with five locations in Greater Hartford including Cromwell, Durham, East Haddam, Middletown and Portland	Susan Serkey, Executive director	1997
10	Eastern Connecticut Medical Professionals 71 Haynes St. Manchester, CT 06040 888-299-3676; echn.org/ecmp	27	Cardiology, endocrinology, gastroenterology, digestive health, general surgery, orthopedic and sports medicine, primary care, spine and neurosurgery, neuromuscular medicine and bariatric	Gregory Williams, CEO	1995

Source: Each group via survey.

(1) Formed in 2016 as a result of the merger of Grove Hill Medical Centers and Connecticut Multispecialty Group.

(2) 214 MD, 68 APRN, 38 PA-C.

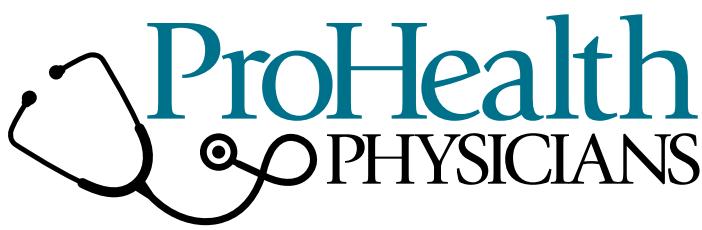
(3) See website for East Hampton and Portland contact information.

(4) Family physicians, pediatricians and obstetricians.

(5) See website for contact information for all five locations in Greater Hartford.

(6) An additional 15 nurse practitioners.

—Compiled by Stephanie R. Meagher.



Our family of primary care doctors and specialists care for more than 360,000 people statewide.

As Connecticut's foremost physician-led organization, ProHealth Physicians has more than 80 locations throughout the state with offices in all eight counties. We use secure electronic health records to provide high-quality primary care with a patient-centered focus. Patients can view their medical records online (*and more!*) through the *myProHealth* patient portal.



Nationally Recognized for Patient-Centered Care!

Interact with Us

[Facebook.com/ProHealthPhysicians](https://www.facebook.com/ProHealthPhysicians)

[Pinterest.com/ProHealthMD](https://www.pinterest.com/ProHealthMD)

[Twitter.com/ProHealthMD](https://www.twitter.com/ProHealthMD)

[Youtube.com/ProHealthPhysicians](https://www.youtube.com/ProHealthPhysicians)

[Instagram.com/ProHealthMD](https://www.instagram.com/ProHealthMD)

[ProHealthMD.com](https://www.ProHealthMD.com)

Additional ProHealth Physicians Services

ProHealth Physicians brings pediatric, adult, and family medicine together with diagnostic and therapeutic services to focus on our patients' total health and wellness. Patients receive precise testing, diagnosis, and treatment provided by our experts who oversee and staff ProHealth's centers.

ProHealth Express Care— Quality walk-in medical care, 7 days a week! ProHealth Physicians is here to care for you when you're sick, even when your doctor's office is unable to see you. ProHealth Express Care walk-in centers offer high-quality medical care and the same co-pay as your doctor's office. With its shorter wait times, Express Care is an excellent alternative to visiting an ER for minor injuries or common illnesses. **Open to the public with locations in Bristol, Danbury, Glastonbury,* Hamden, Manchester, Meriden, Torrington, and West Hartford. Coming soon—Middletown and Vernon. Call for hours and directions—1-888-344-0007 • [ProHealthMD.com/ExpressCare](https://www.ProHealthMD.com/ExpressCare)**

ProHealth Physical Therapy—(Ages 7 & up) Our licensed physical therapists work with patients to restore mobility, function, and comfort through individualized programs consisting of hands-on therapy and education. **Locations in Glastonbury, Manchester, Middletown, and West Hartford—[ProHealthMD.com/PhysicalTherapy](https://www.ProHealthMD.com/PhysicalTherapy)**

ProHealth Hearing & Balance—(Ages 8 & up) Staffed by our collaborative team of board-certified specialists, the center provides assessment and treatment of hearing and balance disorders, tinnitus management, hearing aid evaluations, assistive listening devices, and custom hearing protection. **Open weekdays with locations in Manchester and Farmington. Call for an appointment—860-284-4940 • [ProHealthMD.com/HearingandBalance](https://www.ProHealthMD.com/HearingandBalance)**

ProHealth ADHD Center—(Children & Adolescents) Our multidisciplinary team specializes in ADHD and attention disorders, with expertise in all aspects of diagnosis, treatment, and coordination of care. **Open Monday–Saturday with a central location in Middletown—[ProHealthMD.com/ADHD](https://www.ProHealthMD.com/ADHD)**

ProHealth Sleep Center—(Ages 6 & up) Specializing in the treatment of chronic sleep disorders, the center is overseen by Dr. James O'Brien, board certified in Sleep Medicine, Pulmonology, and Internal Medicine. **Locations in Bristol, Glastonbury, Wallingford, and West Hartford. Call for an appointment—860-231-6130 • [ProHealthMD.com/SleepCenter](https://www.ProHealthMD.com/SleepCenter)**

ProHealth Imaging Center—(*ProHealth patients only*) Our comprehensive Imaging Centers offer general X-ray, echocardiography, bone densitometry, holter and event monitoring, and ultrasonography services. **Locations in Bristol, Glastonbury, Manchester, Meriden, Middletown, Torrington, and West Hartford—[ProHealthMD.com/Imaging](https://www.ProHealthMD.com/Imaging)**

ProHealth Laboratory—(*ProHealth patients only*) Blood draw services may be available at a ProHealth primary care office near you or at a Quest drawing facility. **For locations, visit our website—[ProHealthMD.com/Laboratory](https://www.ProHealthMD.com/Laboratory)**

*Staffed with licensed pediatricians

ProHealthMD.com

Largest skilled-nursing facilities in Greater Hartford

(Ranked by number of licensed beds as of July 2016)

Rank	Facility	No. of licensed beds/ No. of licensed nurse staff hours per resident per day	Continuing-care community	No. of health deficiencies	No. of penalties 2012-2015/ Total cost of penalties	
					2012-2015/ Total cost of penalties	
1	Masonicare Health Center 22 Masonicare Ave. Wallingford, 06492 203-679-5900; www.masonicare.org	375 1 hour and 36 minutes	Y	12	² \$6,663	
2	Riverside Health & Rehabilitation Center 745 Main St. East Hartford, 06108 860-289-2791; www.riverrehab.com	345 1 hour and 28 minutes	N	14	¹ \$7,508	
3	Autumn Lake Healthcare at New Britain (1) 400 Brittany Farms Road New Britain, 06053 860-224-3111; newbritain.autumnlakehc.com	282 1 hour and 43 minutes	N	9	³ \$25,220	
4	Hebrew Home and Hospital Inc. (2) 1 Abrahms Blvd. West Hartford, 06117 860-523-3800; www.hebrewehealthcare.org	257 1 hour and 25 minutes	N	8	² \$5,895	
5	St. Mary Home 2021 Albany Ave. West Hartford, 06117 860-570-8200; themercycommunity.org/our-community/st-mary-home	256 1 hour and 33 minutes	Y	4	0	
6	Chelsea Place Care Center LLC 25 Lorraine St. Hartford, 06105 860-233-8241; www.chelseaplacecarecenter.com	234 1 hour and 14 minutes	N	19	0	
7	Avery Nursing Home 705 New Britain Ave. Hartford, 06106 860-527-9126; www.averyheights.org	199 1 hour and 37 minutes	N	4	¹ \$3,000	
8	Evergreen Health Care Center 205 Chestnut Hill Road Stafford Springs, 06076 860-684-4251; www.jmmc.com/evergreenhealthcarecenter	180 1 hour and 56 minutes	N/A	4	0	
8	Kimberly Hall South 1 Emerson Drive Windsor, 06095 860-688-6443; genesishcc.com/KimberlyHallSouth	180 1 hour and 53 minutes	N	17	¹ \$2,275	
8	Newington Rapid Recovery Rehab Center 240 Church St. Newington, 06111 860-667-2256; www.nrrrc.com	180 1 hour and 24 minutes	N	3	0	
8	Village Green of Wallingford 55 Kondracki Lane Wallingford, 06492 203-265-6771; www.reverawallingford.com	180 1 hour and 42 minutes	N	9	³ \$16,543	
8	Westside Care Center LLC 349 Bidwell St. Manchester, 06040 860-647-9191; www.westsidecarectr.com	180 1 hour and 12 minutes	N	15	¹ \$4,713	
13	Apple Rehab Farmington Valley 269 Farmington Ave. Plainville, 06062 860-747-1637; www.apple-rehab.com	173 1 hour and 49 minutes	N	9	¹ \$1,950	
14	Autumn Lake Healthcare at Cromwell (3) 385 Main St. Cromwell, 06416 860-635-5613; autumnlakehc.com/cromwell/	172 1 hour and 50 minutes	N	10	² \$20,605	
15	Hughes Health & Rehabilitation 29 Highland St. West Hartford, 06119 860-236-5623; www.hugheshealth.com	170 1 hour and 58 minutes	N	2	0	
16	Fresh River Healthcare (4) 96 Prospect Hill Road East Windsor, 06088 860-623-9846; www.freshriverhealthcare.com	166 1 hour and 21 minutes	N	7	0	
17	West Hartford Health & Rehabilitation Center 130 Loomis Drive West Hartford, 06107 860-521-8700; www.westhartfordhealth.com	160 1 hour and 28 minutes	N	3	² \$2,875	
18	Silver Springs Care Center 33 Roy St. Meriden, 06450 203-237-8457; www.silverspringscare.com	159 1 hour 52 minutes	N	9	¹ \$1,300	
19	Crestfield Rehabilitation Center & Fenwood Manor 565 Vernon St. Manchester, 06040 860-643-5151; www.manchesterhealthcenter.com	155 1 hour and 41 minutes	N	3	0	
20	Mclean Health Center 75 Great Pond Road Simsbury, 06070 860-658-3700; www.mcleancare.org	154 1 hour and 36 minutes	Y	3	¹ \$9,500	

Sources: Connecticut Department of Public Health and Nursing Home Compare (Medicare.gov) at www.medicare.gov/nursinghomecompare/search.html.

Notes: Number of hours worked by licensed staff (RNs, LPNs/LVNs) each day per resident is computed by adding the number of RN and LPN/LVN staff hours. A health deficiency is a finding that a nursing home failed to meet one or more federal health requirements during an annual health inspection or a complaint inspection. Inspectors identify health deficiencies by observing the nursing home's performance, its practices or the conditions in the facility. An example would be not having consistent infection-control practices. The average number of health deficiencies in Connecticut is 7.7 per skilled-nursing facility, according to Medicare.gov. Penalties may be imposed on a nursing home when a serious deficiency is cited, or if the nursing home fails to correct a deficiency for a long period of time. Penalties consist of fines and payment denials. For this list, nursing homes only received fines. Fines may be imposed once per deficiency or each day until the nursing home corrects the deficiency.

Wethersfield Health Center is now closed.

(1) Formerly Brittany Farms Health Center.

(2) National Health Care Associates (NHCA), parent of Hebrew Home for Health and Rehabilitation LLC, took over operations in Aug. 2016 upon Hebrew HealthCare's chapter 11 bankruptcy filing.

(3) Formerly Aurora Senior Living Of Cromwell.

(4) Formerly Kettle Brook Care Center LLC.

—Compiled by Brendan Sullivan.

Sleep centers in Greater Hartford

(Ranked by number of sleep physicians)

Rank	Center	No. of sleep physicians/ No. of sleep technicians	Services and equipment	Head of center	Year founded
1	UConn Health Sleep Disorders Center 263 Farmington Ave. Farmington, CT 06030 860-679-8300; health.uconn.edu	6 6	Insomnia, circadian disorders, narcolepsy and sleep related breathing disorders Sandman for in-lab studies and Alice PDX for home studies	Linda Manzelli Jeanette Mazzatto	1982
2	Sleep Disorder Center Wethersfield (1) 1260 Silas Deane Highway, Suite 101 Wethersfield, CT 06109 860-545-5080; hartfordhospital.org/services/sleep-disorders	5 7 (2)	Polysomnogram—sleep study to diagnose sleep disorders, monitor brain waves, oxygen levels, heart rate, breathing and eye/leg movements, polysomnogram with CPAP, multiple sleep latency testing and home sleep testing Sensors to monitor air flow, eye and brain activity, breathing patterns and oxygen levels in the blood; bed, television, private bathroom with shower and chair	Natalya Thorevska Medical director	2012 (3)
3	Sleep Disorder Center Bloomfield (1) 533 Cottage Grove Road Bloomfield, CT 06002 860-545-5080; hartfordhospital.org/services/sleep-disorders	5 7 (2)	Polysomnogram—sleep study to diagnose sleep disorders, monitor brain waves, oxygen levels, heart rate, breathing and eye/leg movements, polysomnogram with CPAP, multiple sleep latency testing and home sleep testing Sensors to monitor air flow, eye and brain activity, breathing patterns and oxygen levels in the blood; bed, television, private bathroom with shower and chair	Natalya Thorevska Medical director	2009 (3)
4	Hospital of Central Connecticut Sleep Disorders Center - Southington (1) 1131 West St., Building 1 Southington, CT 06489 860-224-5538; thocc.org/services/sleep-disorders	3 N/A (4)	Polysomnogram—sleep study to diagnose sleep disorders, monitor brain waves, oxygen levels, heart rate, breathing and eye/leg movements, polysomnogram with CPAP, multiple sleep latency testing and home sleep testing Sensors to monitor air flow, eye and brain activity, breathing patterns and oxygen levels in the blood; bed, television, private bathroom with shower and chair	Marc Kawalick Medical director	2011
5	Hospital of Central Connecticut Sleep Disorders Center - New Britain (1) 100 Grand St. New Britain, CT 06050 860-224-5011; thocc.org/services/sleep-disorders	3 N/A (4)	Polysomnogram—sleep study to diagnose sleep disorders, monitor brain waves, oxygen levels, heart rate, breathing and eye/leg movements, polysomnogram with CPAP, multiple sleep latency testing and home sleep testing Sensors to monitor air flow, eye and brain activity, breathing patterns and oxygen levels in the blood; bed, television, private bathroom with shower and chair	Marc Kawalick Medical director	1989
6	Manchester Memorial Hospital 71 Haynes St. Manchester, CT 06040 860-647-6881; echn.org/sleep	2 12	Pediatric and adult in-hospital polysomnography, home sleep studies, Maintenance of Wakefulness Test (MWT) CareFusion SomnoStar	Linda Lemire Manager	1995
7	Connecticut Sleep Lab One Lake St., Suite 305 New Britain, CT 06052 860-770-6748; ctsleeplab.com	2 7	Diagnostic, therapeutic, home and maintenance-of-wakefulness testing; interpretation of test results, consultation and follow-up N/A	Peggy Genovesi Lab director	2005
8	ProHealth Sleep Center, a service of ProHealth Physicians (5) 950 Yale Ave. Wallingford, CT 06492 860-231-6130; ProHealthMD.com/SleepCenter	2 (6) N/A	Diagnosis and treatment of sleep apnea, narcolepsy, insomnia, periodic limb movement disorder and parasomnia (night terrors) Sleep studies performed at Wallingford and West Hartford sleep labs	James O'Brien Medical director	N/A
9	Sleep Medicine Associates 112 Spencer St. Manchester, CT 06040 860-432-5600; sleepmedct.com	2 N/A	Consultation and follow up for all sleep disorders N/A	Richard Shoup	2007
10	Sleep Disorder Center at St. Francis 114 Woodland St. Hartford, CT 06105 860-714-6591; stfranciscare.org	2 N/A	Sleep lab testing, fully-equipped showers and changing areas and home sleep tests CPAP machine	Asher Qureshi	N/A
11	Bristol Hospital Sleep Center 41 Brewster Road Bristol, CT 06010 860-585-3300; bristolhospital.org/Services/Sleep-Center.aspx	1 4	Sleep studies and pulmonary consults N/A	Toshita Kumar	2011
12	Windham Hospital's Center for Sleep Medicine (1) 112 Mansfield Ave. Willimantic, CT 06226 860-456-6994; windhamhospital.org	1 N/A (4)	Polysomnogram—sleep study to diagnose sleep disorders, monitor brain waves, oxygen levels, heart rate, breathing and eye/leg movements, polysomnogram with CPAP, multiple sleep latency testing and home sleep testing Sensors to monitor air flow, eye and brain activity, breathing patterns and oxygen levels in the blood; bed, television, private bathroom with shower and chair	Robert Bundy Medical director	1992
13	Sleep Care Center at the Family Health Center - East Meriden (1) 61 Pomeroy Ave. Meriden, CT 06450 203-694-5415; midstatemedical.org/services/sleep-care	1 N/A (4)	Polysomnogram—sleep study to diagnose sleep disorders, monitor brain waves, oxygen levels, heart rate, breathing and eye/leg movements, polysomnogram with CPAP, multiple sleep latency testing and home sleep testing Sensors to monitor air flow, eye and brain activity, breathing patterns and oxygen levels in the blood; bed, television, private bathroom with shower and chair	Brett Volpe Medical director	2005

Source: Each center via survey. Notes: Enfield Sleep Disorders Center is in the process of closing its practice as of Sept. 2016. Unable to confirm data for Vernon's Northeastern Sleep Disorder Center. N/A = Not available; CPAP = Continuous positive airway pressure.

(1) Part of Hartford HealthCare system.

(2) Additional sleep technicians are provided by Persante Sleep Care.

(3) Hartford HealthCare has been performing sleep tests for more than 30 years.

(4) Provided by Persante Sleep Care.

(5) Four locations: Bristol, Glastonbury, Wallingford and West Hartford.

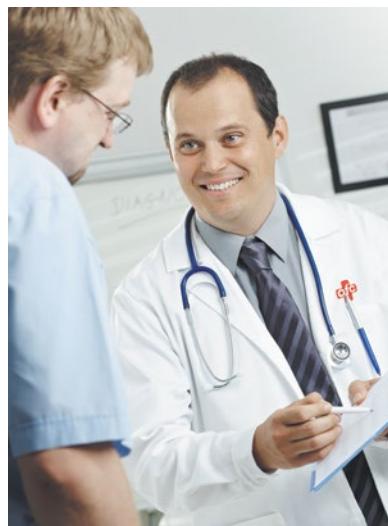
(6) Two additional sleep APRN's and one sleep PA.

—Compiled by Stephanie R. Meagher.

Urgent care clinics in Greater Hartford

(Ranked by number of locations)

Rank	Clinic	No. of locations	Locations, phone number	Hours/days of operation	Level of staff (credentials) (1)	Services available
1	Hartford HealthCare Medical Group - Urgent Care 1025 Silas Deane Highway Wethersfield, CT 06109 860-696-2400; geturgentcarenow.org	8	Avon, 860-696-2150 Bristol, 860-229-0100 Farmington, 860-677-3950 South Windsor, 860-696-2350 Wallingford, 203-694-5500 West Hartford/Bishop's Corner, 860-696-4400 West Hartford/S. Main, 860-696-2200 Wethersfield, 860-696-2400	M-F 8 a.m. to 8 p.m. Sat. 9 a.m. to 5 p.m. Sun. 10 a.m. to 4 p.m. (2)	MD, APRN, PA, DO	Colds, cough, flu, sinus infection, ear pain, eye infections, gastrointestinal complaints, rash, skin problems, burns, cuts, lacerations, allergies, insect stings, strains, sprains, bruises, fractures and automobile accidents
2	CVS Minute Clinic 323 Cromwell Ave. Rocky Hill, CT 06037 860-563-9393; www.cvs.com	8	Avon, 860-678-8605 Bristol, 860-582-8167 Cheshire, 203-272-3255 Coventry, 860-742-3543 Enfield, 860-741-3015 Glastonbury, 860-659-1329 Granby, 860-653-4221 Rocky Hill, 860-563-9393	M-F 8:30 a.m. to 7:30 p.m. Sat. 9 a.m. to 5:30 p.m. Sun. 10 a.m. to 5:30 p.m.	NP	Minor injuries, minor illnesses, screenings, vaccinations and physicals
3	Community Health Center Inc. 395 North Main St. Enfield, CT 06082 860-253-9024; www.chc1.com	6	Bristol, 860-585-5000 Enfield, 860-253-9024 Hartford, 860-547-0970 Meriden, 203-237-2229 Middletown, 860-347-6971 New Britain, 860-224-3642	Check specific locations	MD, RN, PA	Non-life threatening injuries or conditions; check locations for more specific information
4	ProHealth Express Care, a service of ProHealth Physicians 1001 Farmington Ave. Bristol, CT 06010 888-344-0007; ProHealthMD.com/ExpressCare	6	Bristol, Glastonbury, Manchester, Meriden, Vernon, West Hartford, 888-344-0007	Only closed Thanksgiving and Christmas Day; call for hours at specific locations	MD, APRN, PA	Cough, cold, flu, sore throat, sinus infection, ear ache, bronchitis, urinary tract infection, poison ivy and rashes, TB testing, vaccinations, physical exams, DOT exams and newborn care
5	MediQuick Walk-In Med Center 680 South Main St. Cheshire, CT 06410 203-694-6700; geturgentcarenow.org	5	Cheshire, 203-694-6700 Colchester, 860-537-4601 Meriden, 203-694-5350 Tolland, 860-871-5452 Willimantic, 860-456-1252	M-F, Sat. & Sun. 8 a.m. to 7:30 p.m.	MD	All non life-threatening injuries, rashes, sprains and fractures, pink eye, acute back pain, flu shots, STD testing, broken bones and occupational medicine
6	Concentra Urgent Care 701 Main St East Hartford, CT 06108 866-944-6046; concentra.com	4 (3)	East Hartford, 860-289-5561 New Britain, 860-827-0745 Wallingford, 203-949-1534 Windsor, 860-298-8442	M-F 8 a.m. to 5 p.m. East Hartford: M-F 7 a.m. to 6 p.m.	MD, NP, RN, PA	Vaccinations, physicals, non-life threatening injuries, STD testing, pregnancy tests, preventative screenings, pediatric injuries and diagnostic testing
7	New England Urgent Care 21 North Main St. West Hartford, CT 06107 844-884-9911; urgentcarenewengland.com	4	Bristol, 860-845-5763 Enfield, 860-745-9911 Simsbury, 860-714-9020 West Hartford, 860-236-3911	M-F 8 a.m. to 8 p.m. Enfield: M-Th 8 a.m. to 10:30 p.m. Sat. & Sun. 9 a.m. to 6 p.m.	MD, RN, PA, PA-C, RT	Urgent care for all non life-threatening conditions, X-rays and EGK, STD testing, physical exams, pharmacy and medication, phlebotomies, work-related exams and vaccinations
8	St. Francis FastCare at Super Stop & Shop 55 Oak St. Glastonbury, CT 06033 860-714-9730; stfranciscare.org/fastcare	3	Glastonbury, 860-714-9730 Manchester, 860-714-9190 Simsbury, 860-714-9690	M-F noon to 8 p.m. Sat. 8:30 a.m. to 4:30 p.m. Sun. 9:30 a.m. to 2:30 p.m.	Skilled-nurse practitioner	Treatment for a variety of non life-threatening conditions, ear wax removal, blood pressure check, immunizations and lab tests for monospots, pregnancy, rapid flu, rapid strep, TB skin test and urinalysis



CUSTOMIZED MEDICAL SERVICES FOR EVERY BUSINESS, LARGE OR SMALL.

Your employee's health is valuable. But so is time on-the-clock, so AFC works hard to protect both. That's why we're open every day of the week with extended hours. And we're always in, always ready to serve our patients, so there is never a need for an appointment.

HOURS: M-F 8-8, S-S: 8-5 **NO APPOINTMENT NEEDED**

In the Boulevard Shopping Center

1030 Boulevard, West Hartford, CT 06119
860.986.6440 | AFCUrgentCareWestHartford.com

ACROSS FROM NEW BRITE PLAZA

135 East Main St., New Britain, CT 06051
860.357.6899 | AFCUrgentCareNewBritain.com



URGENT CARE
american family care®



Urgent care clinics in Greater Hartford

(Ranked by number of locations)

Rank	Clinic	No. of locations	Locations, phone number	Hours/days of operation	Level of staff (credentials) (1)	Services available
9	UConn Health Urgent Care One Royce Circle, Suite 104 Storrs, CT 06268 860-487-9300; health.uconn.edu/patient-services/urgent	2	Canton, 860-658-8750 Storrs, 860-487-9300	M-F 9 a.m. to 9 p.m. Sat. & Sun. 9 a.m. to 5 p.m.	MD, DO, PA, APRN (4)	X-ray and lab services, ear aches, cold and flu, immunizations, minor cuts, scrapes and burns, pink eye, stitches and their removal, strep throat, upper respiratory problem, urinary tract infection, laceration repair, pregnancy test and sports physicals
10	Community Health Services 500 Albany Ave. Hartford, CT 06120 860-249-9625; chshartford.org	2	Hartford, 860-249-9625 Windsor, 860-297-8600	Hartford: M-Th 8 a.m. to 5:30 p.m., F 9:30 a.m. to 5:30 p.m.; Windsor: M-Th 8 a.m. to 5 p.m., F 10 a.m. to 5 p.m.	N/A	N/A
11	Med-Help Medical Center 539 Farmington Ave. Bristol, CT 06010 860-314-6046; bristolhospital.org/Services/Med-Help-Urgent-Care.aspx	2	Bristol, 860-314-6046 Plainville, 860-747-8315	M-F 8 a.m. to 8 p.m. Sat. 9 a.m. to 5 p.m. Sun. 9 a.m. to 2 p.m.	MD, RN, PA, DO, RTR, MA, PA-C	Cold, flu, sore throat, urinary tract infection, sprains, lacerations, strains, tick removal and X-rays
12	Velocity Urgent Care Clinic 396 Cromwell Ave. Rocky Hill, CT 06067 860-249-1570; velocityurgentcare.com	2	Rocky Hill, 860-372-4990 Southington, 860-863-5835	M-F 9 a.m. to 9 p.m. Sat. & Sun. 9 a.m. to 5 p.m.	MD, PA	X-rays, EKG, IV fluid, stitches; medical testing for mono, strep and pregnancy; urine analysis, drug tests, physicals, immunization, vaccination, STD testing, work-related injuries and DOT services
13	The Doctors Treatment Center 7 Mill Pond Road Granby, CT 06035 860-653-2382; urgentcarecentersct.com	2	Granby, 860-653-2382 Plainville, 860-747-4541	M-F 7:30 a.m. to 8:30 p.m. Sat. & Sun. 9 a.m. to 3 p.m.	MD, PA-C	Urgent medical services, injuries, X-rays, EKG, sprains and fractures, casting, STD testing and non life-threatening injuries
14	MedCare Express 2335 Berlin Turnpike Newington, CT 06111 860-757-3575; fastmedcare.com	1	Newington, 860-757-3575	M-F, Sat. & Sun. 8 a.m. to 8 p.m.	MD	Non-emergency services, DOT physicals, work-related injury, sprains and fractures, allergies, drug testing, STD testing, X-ray and EKG
15	Vernon Walk-In Medical Care Center 224 Hartford Turnpike Vernon, CT 06066 860-871-6939; vernonwalkin.com	1	Vernon, 860-871-6939	M-F 9 a.m. to 7 p.m. Sat. 9 a.m. to 4 p.m. Sun. 9 a.m. to 2 p.m.	MD	Emergency care, non-life threatening injuries, DOT physicals, burns, lacerations, X-ray services, strains, bruises and sprains
16	Middlesex Hospital Urgent Care - Middletown 896 Washington St. Middletown, CT 06457 860-788-3632; middlesexhospital.org/urgent-care	1 (5)	Middletown, 860-788-3632	M-F 8 a.m. to 8 p.m. Sat. & Sun. 8 a.m. to 4:30 p.m.	MD	Sinus pain, ear ache, sore throat, cough, pink eye, accidents and falls, sports injuries, cuts needing stitches, broken bones, pain in neck, back or joints, STD, bladder infections, mild vomiting and diarrhea, rashes and physicals for sports, school or camp
17	ECHN CorpCare 2800 Tamarack Ave., Suite 105 South Windsor, CT 06074 860-533-4686; www.echn.org	1	South Windsor, 860-533-4686	M-F 9 a.m. to 8 p.m. Sat. & Sun. 9 a.m. to 3 p.m.	Emergency medicine specialists	Slips and falls, X-rays, strains, sprains and broken bones, back pain, mild abdominal pain, bruises and cuts requiring stitches, fever, cold and flu, vomiting, diarrhea and dehydration, mild to moderate asthma, splinters and foreign body removal
18	828-Urgent Care 1783 Meriden Waterbury Turnpike Southington, CT 06489 203-404-1010; www.828-urgentcare.com	1	Southington, 203-404-1010	M-F, Sat. & Sun. 10 a.m. to 8 p.m.	MD	Urgent care, flu shots, X-rays, STD testing, immunizations, DOT physicals, burn care, workers comp, strains, fractures, bruises and allergic reactions
19	Physician One Urgent Care 2928 Main Street Glastonbury, CT 06033 860-657-8289; physicianoneurgentcare.com	1 (6)	Glastonbury, 860-657-8289	M-F 8 a.m. to 8 p.m. Sat. & Sun. 9 a.m. to 5 p.m.	MD, APRN, PA	Colds and coughs, stitches, digital X-ray imaging, wound stitching and lab services on-site
20	A Walk In Clinic 365 Willard Ave. Newington, CT 06111 860-372-4704; awalkinclinic.com	1	Newington, 860-436-3226	M-F, Sat. & Sun. 8 a.m. to 7:30 p.m.	MD	Urgent care, X-rays, vaccines, lab work, wound care, foot care, physicals and minor ER for immediate medical care
21	AFC Urgent Care West Hartford 1030 Boulevard West Hartford, CT 06119 860-986-6440; urgencarewesthartford.com	1	West Hartford, 860-986-6440	M-F 8 a.m. to 8 p.m. Sat. & Sun. 8 a.m. to 5 p.m.	MD, PA, PA-C	Sprains and fractures, wounds requiring stitches, X-Ray imaging, blood and urine tests, colds and flu symptoms, rashes, infections, vaccinations, STD testing and non life-threatening injuries
22	Premier Urgent Care 2909 Berlin Turnpike Newington, CT 06111 860-436-3757; premierurgentcarect.com	1	Newington, 860-436-3757	M-F 8 a.m. to 8 p.m. Sat. & Sun. 9 a.m. to 5 p.m.	MD, PA-C	Non-life threatening injuries, X-rays, laboratory blood tests, wound care, mild surgery, EKG, physicals, drug screening, illnesses and work-related injuries

continues on page 42

Urgent care clinics in Greater Hartford

(Ranked by number of locations)

Rank	Clinic	No. of locations	Locations, phone number	Hours/days of operation	Level of staff (credentials) (1)	Services available
23	Preventive Medicine Center 1000 Asylum Ave. Hartford, CT 06105 860-549-3444; www.thepmc.org	1	Hartford, 860-549-3444	Tu-F 9 a.m. to 5 p.m.	MD	Preventive and internal medicine cardiology
24	Kathy's Urgent Care 672 Silas Deane Highway Wethersfield, CT 06109 860-967-3600; kathysurgentcare.com	1	Wethersfield, 860-967-3600	M-F 8 a.m. to 8 p.m.	MD	Non life-threatening injuries and illnesses, HIV and STD testing, blood work, X-ray services, physicals, exposure, vaccinations, lab tests, medication refills and wound care
25	The Bloomfield Urgent Care Center 421 Cottage Grove Road Bloomfield, CT 06002 860-242-0034; stfranciscare.org	1	Bloomfield, 860-242-0034	M-F 8 a.m. to 9 p.m. Sat. & Sun. 9 a.m. to 5 p.m.	MD	Non life-threatening injuries and minor medical emergencies

Source: Each clinic via survey.
(1) APRN = Advanced practice registered nurse, DO = Doctor of osteopathic medicine, MA = Medical assistant, MD = Medical doctor, NP = Nurse practitioner, PA = Physician assistant, PA-C = Certified physician assistant, RN = Registered nurse, RTR = Registered recreational therapist.

(2) Wallingford facility closed Sundays.

(3) Six additional locations statewide.

(4) Radiology technician also available.

(5) Additional clinics in Madison and Old Saybrook.

(6) 11 additional locations statewide.

—Compiled by Brendan Sullivan.

CT Health Care Weekly

THE E-NEWS FOR OUR STATE'S HEALTHCARE INDUSTRY

A Publication of
Hartford Business Journal

HARTFORD BUSINESS.COM

[forward to a friend](#) | [subscribe](#) | [go to HartfordBusiness.com](#)

Start receiving CT's *statewide* email covering business *healthcare news*...

From the source you trust.

Looking for a reliable way to get caught up on the important healthcare news locally and across the state? The staff of the *Hartford Business Journal* produces a weekly email newsletter that helps busy executives like you stay on top of the critical information that you need to run your business. This email product delivers you the must-know information you need to stay competitive in your industry.

The health care industry is a cornerstone of the region's economy and this new email newsletter looks at the latest news and current issues within the industry. This statewide newsletter includes news from Hartford Business Journal staff as well as from other media outlets around Connecticut. Delivered every Wednesday afternoon. Don't miss a beat. Sign up for **CT Health Care Weekly**. It's free!

For advertising information please contact Christian J. Renstrom, Advertising Director,
at 860-236-9998 ext. 126, or email crenstrom@HartfordBusiness.com

To receive
CT Health Care Weekly,
sign up at:
HartfordBusiness.com/eNews

HARTFORD BUSINESS JOURNAL
Delivering Business. In Print. Online. In Person.
www.HartfordBusiness.com



NEW
Quarterly!

From the Publishers of

HARTFORD BUSINESS JOURNAL



To reserve your space, Contact Advertising Director
Christian Renstrom today at 860-236-9998 ext. 126
or email at crenstrom@HartfordBusiness.com

HARTFORD BUSINESS JOURNAL
Delivering
Business. In Print.
Online.
In Person.
www.HartfordBusiness.com

Issue Date	Closing Date
Spring 3/21/17	2/21/17
Summer 6/27/17	5/30/17
Fall 9/12/17	8/15/17
Winter 11/21/17	10/24/17

Greater Hartford HEALTH

***The Quarterly Health Care Magazine
for Greater Hartford***

The region's health care sector generates a huge amount of economic activity — and with our aging population further growth and expansion seem inevitable.

Changes in health care have been coming fast and furious — from the state's leading role in health care reform to the federal government's Affordable Care Act, the pressure to change how care is delivered and consolidation.

New technologies are revolutionizing how care is managed and delivered. While the industry is undergoing transformational change, both companies and individual consumers are struggling to keep up with what it means to them.

That is why the publishers of the Hartford Business Journal have created Greater Hartford HEALTH — a new niche publication appearing in print and online. Our weekly e-newsletter and quarterly print publication are serving as a go to resources for the local health care industry as well as business and individual consumers.

Covering the region's top industry

Greater Hartford HEALTH is direct mailed to top health care industry executives, business executives and HR professionals and distributed for free at close to 100 professional health care and fitness facilities throughout Greater Hartford. Each quarterly issue includes a variety of features and areas of coverage.

The business of health care

- *Top trends & financial data*

Public policy

- *Implementation of ACA, Connecticut health care reform as well as efforts to implement cost containment*

Health care industry Movers & Shakers

- *We'll cover the hiring and promotions of top executives at our region's health care sector.*

Personal health

- *Wellness programs, rehabilitation and more*

Health benefits

- *Benefits administration and innovative ways to implement and engage the workforce with existing benefits*

Innovation and research

- *Lots of medical research is happening in our backyard, we'll tell the stories of some of the top companies that are poised to grow in our region.*



you-centered care

The right medical professional can make the world of health care revolve around you. So you're more informed. More in control. And better connected to the network of health and wellness resources all around you.

To find a doctor or specialist around you, visit echn.org/ecmp



Walk-In Appointments | Extended Hours